



UNIVERSITATEA „VASILE ALECSANDRI” DIN BACĂU
Facultatea de Științe ale Mișcării, Sportului și Sănătății
Calea Mărășești, nr.157, Bacău, 600115
Tel./Fax: +40-234/517715
www.ub.ro; e-mail: smss@ub.ro



Facultatea de Științe ale Mișcării, Sportului și Sănătății

Nr. /

Raport privind realizarea obiectivelor cercetării propuse în anul 2025 Situția centralizată

INDICATORUL	
Număr cadre didactice la 01.01.2025	35
1. Număr de proiecte de cercetare/ dezvoltare depuse în competiții naționale în calitate de coordonator	1
2. Număr de proiecte de cercetare depuse în competiții internaționale	6
3. Număr de proiecte de cercetare/ dezvoltare câștigate în competiții naționale în calitate de coordonator	0
4. Număr de proiecte de cercetare / dezvoltare câștigate în competiții internaționale	1
5. Numărul contractelor de cercetare/dezvoltare derulare în 2025	5
6. Valoarea contractelor de cercetare derulate în 2025, aferente UBc (RON)*	(Contabilitate)
7. Număr de teze de doctorat susținute în UBc	0
8. Articole publicate în reviste recunoscute la nivel internațional, cotate ISI (fracțiuni corespunzătoare cerc. UBc și număr întreg lucrări)**	20.2516 / 66
9. Recenzii ISI	177
10. Articole publicate în reviste internaționale necotate ISI, dar indexate BDI	10.83 / 24
11. Lucrări publicate în volumele conferințelor internaționale, indexate ISI/ organizate de societăți profesionale internaționale (proceedings ISI)	1
12. Articole publicate în alte reviste***	4,76 /9
13. Cărți /capitole publicate în edituri naționale, recunoscute CNCS	4 / 0
- pagini	655
14. Cărți/ capitole publicate în edituri internaționale, de prestigiu	2 / 4
- pagini	672 / 74
15. Brevete / Produse cu drept de proprietate intelectuală	0
16. Alte activități de cercetare considerate relevante	22
a) articole prezentate la conferințe internaționale/ naționale	0
b) rapoarte științifice de cercetare	5
c) proiecte extracurriculare, etc.	

* Valoarea totală = pe facultăți + SSD/POC-COMUNE

**Articole publicate în reviste recunoscute la nivel internațional, cotate/indexate ISI

*** În reviste sau volume ale unor conferințe neindexate

ANEXE 2025

1. Proiecte de cercetare/ dezvoltare depuse în competiții naționale în calitate de coordonator

Nr. crt.	Proiect național / internațional		Director proiect		Membri echipă	Valoare contract în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.	CNFIS-FDI-2025-F-0475	<i>Modernizarea bazelor de practică UBc pentru formare profesională și dezvoltare sustenabilă</i>	Rață	Bogdan-Constantin	-	400.000 lei
	TOTAL = 1 fracțiuni					

2. Proiecte de cercetare depuse în competiții internaționale

Nr. crt.	Proiect național / internațional		Director proiect		Membri echipă	Valoare contract în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.	OC-2025-29374	<i>The Application of Psychology in Construction (APCONY)</i>	Măță	Liliana	Mareș Gabriel	
2.	ERASMUS-EDU-2025-PI-FORWARD-DIGITAL-AI	<i>REimagining Ways to Integrate Responsible Education with Generative AI in Primary, Secondary, and VET Education (REWIRE-AI)</i>	Măță	Liliana	Mareș Gabriel	
3.	ERASMUS-EDU-2025-PI-FORWARD-DIGITAL-AI	<i>REimagining Ways to Integrate Responsible Education with Generative AI in Primary, Secondary, and VET Education (REWIRE-AI)</i>	Măță	Liliana	Mareș G.	
4.	Erasmus+ KA220-HED,	<i>Enhancing Resilience of Erasmus Students through Positive and Coaching Psychology: Training for Erasmus Coordinators. Coordonator: DOBA Businesses School, Slovenia – Partener Up University.</i>	Mareș	Gabriel	4	
5.	Erasmus+ KA220-HED,	<i>Impostor Sindrom in Academics in Higher Education Institutions, Coordonator: DOBA Businesses School, Slovenia; – Partener Up University.</i>	Mareș	Gabriel	5	
6.	KA220-HED-29B7BB31	<i>MIND-EU. coordonator, CRUZ VERMELHA PORTUGUESA, Portugalia</i>	Mareș	Gabriel	2	
	TOTAL = fracțiuni					

3. Proiecte de cercetare/ dezvoltare câștigate în competiții naționale în calitate de coordonator

Nr. crt.	Proiect		Director proiect		Membri echipă	Valoare contract în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.						
	TOTAL = fracțiuni					

4. Proiecte de cercetare / dezvoltare câștigate în competiții internaționale

Nr. crt.	Proiect		Director proiect		Membri echipă	Valoare contract în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.	STEP+ - SI01-KA220 HED-000355120	<i>Empowering HEI Staff And Students on Mobility with Positive Psychology Interventions and VR for Enhanced Resilience and Well-Being (STEP+) - SI01-KA220 HED-000355120</i>	Mareș	Gabriel	4	310725 lei
	TOTAL = fracțiuni					

5. Contracte de cercetare/dezvoltare derulare în 2025

Nr. crt.	Proiect		Director proiect		Membri echipă	Valoare contract în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.	FDI -2025-F-0483	<i>Creșterea calității performanței activităților CDI din cadrul Universității „Vasile Alecsandri” din Bacău prin cooperare națională și internațională</i>	Nechita	Elena	Personal didactic: 29	460.000 lei
2.	e-PNRR 1417575938	<i>Dezvoltarea competențelor pentru profesiile viitorului prin digitalizare la UVABc</i>	Crișan	Gloria-Cerasela	Personal didactic: 23	17.770.722 lei
3.	CNFIS-FDI-2025-F-0087	<i>Incluziune, consiliere și adaptare academică pentru studenții cu dizabilități din UBc” (IncluziON-UBc)</i>	Amălăncei	Brândușa	16 membri (Mareș Gabriel)	220.000 lei
4.	PNRR, ID_10, Pedagogie digitala	<i>Edushift- Pedagogie digitală pentru cadrele didactice din învățământul preuniversitar</i>	Nechita	Elena	membri (Sandovici Anisoara, Mares Gabriel)	4,708,040.60 lei
5.	ES01-KA220-HED-000153853	<i>Happy Power about positive psychology for building a qualitative life of the students and teachers - ES01-KA220-HED-000153853</i>	Mareș	Gabriel	Popescu Carmen, Boghian Ioana, Cojocariu Venera-Mihaela, Măță Liliana	315.000 lei
	TOTAL = fracțiuni					

6. Teze de doctorat susținute în UBc

Nr. crt.	Doctorand	Titlul tezei de doctorat	Coordonator
1.			
	TOTAL =		

7. Articole publicate în reviste recunoscute la nivel internațional, cotate/indexate ISI

Nr. crt.	Autor(i)	Titlul lucrării	Date identificare revistă
1.	Velickovic, S., Dordevic, D., Velickovic, P., Moznik, M., Kolar, E., Stoica, C.E., Cristuta, A.M., Voinea, N.L., Vulpe, A.M., Bubanj, S., Stankovic, D., Bjelica, B., Aksovic, N., Dobrescu, T.	<i>An Analysis of the Kinetic Energy in the Basket to Handstand on Parallel Bars: A Case Study of an Elite Gymnast</i>	LIFE-BASEL , 2025, Volume15, Issue2, Article Number: 172, Indexed: 2025-03-03, eISSN: 2075-1729, DOI: 10.3390/life15020172, WOS:001431010000001, IF=3,4 (2024) https://www.mdpi.com/2075-1729/15/2/172 https://www.webofscience.com/wos/alldb/full-record/WOS:001431010000001
2.	Guzman, M. Balint, G. Brodáni, J. Siska, L. Voinea, N.L. Pavel, S.I.	<i>Educational Insights from the Retrospective Analysis of an Annual Training Cycle: Case Study of a Slovak Swimmer's Preparation for the 2023 World Championship in Fukuoka</i>	REVISTA ROMANEASCA PENTRU EDUCATIE MULTIDIMENSIONALA , 2025, Volume17, Issue 1, Page 367-383, Indexed: 2025-04-15, ISSN: 2066-7329, eISSN: 2067-9270, DOI: 10.18662/rrem/17.1/956, WOS:001462551200019, IF=0,4 (2024) https://lumenpublishing.com/journals/index.php/rrem/article/view/7232 https://www.webofscience.com/wos/alldb/full-record/WOS:001462551200019
3.	Velickovic, S., Kolar, E., Paunovic, M., Velickovic, P., Pantelic, S., Bubanj, S., Ilic, I., Bjelica, B., Gasic, T., Preljevic, A., Vulpe, A.M., Rata, B.C., Stoica, C.E., Voinea, N.L., Dobrescu, T.	<i>The Impact of an Acrobatics-Based Curriculum on Motor Fitness in Adolescents</i>	LIFE-BASEL , 2025, Volume 15, Issue 5, Article Number: 778, Indexed: 2025-05-31, eISSN: 2075-1729, DOI: 10.3390/life15050778, WOS:001496780600001, IF=3,4 (2024) https://www.mdpi.com/2075-1729/15/5/778 https://www.webofscience.com/wos/woscc/full-record/WOS:001496780600001
4.	Utvic, N., Markovic, L., Arsenijevic, R., Aksovic, N., Bjelica, B., Stojljakovic, S., Bubanj, S., Raveica, G., Dobreci, D.L., Voinea, N.L., Ciocan, V.C., Anghel, M., Antohe, B.A., Dobrescu, T.	<i>Enhancing Physical Fitness in Primary School Children Through Inclusive Sports Activities</i>	CHILDREN-BASEL , 2025, Volume 12, Issue 6, Article Number: 758, Indexed: 2025-06-29, eISSN: 2227-9067, DOI: 10.3390/children12060758, WOS:001515494000001, IF=2,1 (2024) https://www.mdpi.com/2227-9067/12/6/758 https://www.webofscience.com/wos/woscc/full-record/WOS:001515494000001
5.	Akarsu, M., Ilbak, I., Çavusoglu, Z. Pavlovic, R., Vulpe, A.M., Slicaru, A.C., Voinea, N.L., Alexe, C.I.	<i>The Relationship Between a Sustainable Healthy Lifestyle and Depression, Stress, and Anxiety: A Structural Model on the Mediating Role of Physical Literacy</i>	HEALTHCARE , 2025, Volume 13, Issue 14, Article Number: 1646, Indexed: 2025-08-01, eISSN: 2227-9032, DOI: 10.3390/healthcare13141646, WOS:001535320700001, IF=2,7 (2024) https://www.mdpi.com/2227-9032/13/14/1646
6.	Rajpoot, Y.S., Choudhary, P.K., Choudhary, S., Saha, S., Ciocan, V.C. Sufaru, C., Voinea N.L.	<i>Physiological responses of female basketball players across graded training intensities: cardiovascular and respiratory adaptations</i>	PHYSICAL EDUCATION OF STUDENTS , 2025, Volume 29, Issue 5, Page 353-363, Indexed: 2025-11-20, ISSN: 2075-5279, eISSN: 2308-7250, DOI: 10.15561/20755279.2025.0503, WOS:001614878300003, IF=0,7 (2024) https://sportedu.org.ua/index.php/PES/article/view/2326/879 https://www.webofscience.com/wos/woscc/full-record/WOS:001614878300003
7.	Leuciuc, F.V. Grosu, B.M. Gavriloaia, A.R. Manchado Lopez, C.	<i>From Competition to Sport Specific Preparation in Handball</i>	REVISTA ROMÂNEASCĂ PENTRU EDUCAȚIE MULTIDIMENSIONALĂ , 2025, Volume 17, Issue 2, Page 430- 452, Indexed: 2025-08-07, ISSN: 2066-7329, e-ISSN: 2067-9270, DOI: 10.18662/rrem/17.2/990,

	Acsinte, A.		https://lumenpublishing.com/journals/index.php/rrem/article/view/7368 https://www.webofscience.com/wos/woscc/full-record/WOS:001538969900019
8.	Zecirovic, A., Ceremidzic, D., Joksimovic, A., Ceremidzic, T., Joksimovic, D., Aksovic, N. Toskic, L., Dragoi, C.C., Ciocan, V.C., Anghel, M., Dobrescu, T., Dobreci, D.L.	<i>The Effects of Group Fitness Programs Zumba and MoFit on Body Composition Parameters in Women</i>	LIFE-BASEL , 2025, Volume 15, Issue 8, Article number: 1225, Indexed: 2025-09-06, eISSN: 2075-1729, DOI: 10.3390/life15081225, WOS:001560106200001, IF=3,4 (2024) https://www.mdpi.com/2075-1729/15/8/1225 https://www.webofscience.com/wos/woscc/full-record/WOS:001560106200001
9.	Ortega-Zayas, M.A. Cardona-Linares, A.J. Lecina, M. Ochiana, N. García-Giménez, A. Pradas, F.	<i>Table Tennis as a Tool for Physical Education and Health Promotion in Primary Schools: A Systematic Review.</i>	SPORTS , 2025, Volume 13, Issue 8, Article number: 251, Indexed: 2025-09-02, eISSN: 2075-4663, DOI: 10.3390/sports1308025, WOS:001558216700001, IF=2,9 (2024) https://www.mdpi.com/2075-4663/13/8/251 https://www.webofscience.com/wos/woscc/full-record/WOS:001558216700001
10.	García-Giménez, A. Pradas, F. Lecina, M. Ochiana, N. Castellar-Otín, C.	<i>Impact of Ad Libitum Hydration on Muscle and Liver Damage and Electrolyte Balance in Ultra-Trail Events: A Heatmap Analysis of Biomarkers and Event Characteristics-A Pilot Study.</i>	BIOLOGY-BASEL , 2025. Volume 14, Issue 2, Article number: 136, Indexed: 2025-03-03, eISSN: 2079-7737, DOI: 10.3390/biology14020136, WOS:001430971000001, IF=3,5 (2024) https://www.mdpi.com/2079-7737/14/2/136 https://www.webofscience.com/wos/woscc/full-record/WOS:001430971000001
11.	Santos-Pérez, D. Ochiana, N. Carrasco-Páez, L. Martínez-Díaz, I.C.	<i>Effects of Low Load Blood Flow Restriction Training on Post-Surgical Musculoskeletal Patients: A Systematic Review and Meta-Analysis of Randomized Controlled Trials</i>	APPLIED SCIENCES-BASEL , 2025, Volume 15, Issue 7, Article number: 3996, Indexed: 2025-04-18, eISSN: 2076-3417, DOI: 10.3390/app15073996, WOS:001463678600001, IF=2,5 (2024) https://www.mdpi.com/2076-3417/15/7/3996 https://www.webofscience.com/wos/woscc/full-record/WOS:001463678600001
12.	Căsăneanu, M., Mihăilescu, L.N., Potop, V., Mihăilă, I., Manole, C., Mihăilescu, L.E., Rață, BC., Măță, L., Rață, M.	<i>The Role of Climbing Exercises in Developing Balance Ability in Children</i>	APPLIED SCIENCES-BASEL , 2025, Volume 15, Issue 11, Article Number 5959, Indexed: 2025-06-22, eISSN: 2076-3417, DOI: 10.3390/app15115959, WOS:001505780600001, IF=2,5 (2024) https://www.webofscience.com/wos/woscc/full-record/WOS:001505780600001
13.	Antohe, B.A. Rata, M. Rata, B.C. Rata, G.	<i>Efficiency of physical therapy and osteopathic techniques in the treatment of operated and recurrent lumbar disc herniation - A case report</i>	JOURNAL OF BODYWORK AND MOVEMENT THERAPIES , Volume 42, Page 243-248, Indexed: 2025-01-17, ISSN: 1360-8592, eISSN: 1532-9283, DOI: 10.1016/j.jbmt.2024.12.009, WOS:001394424000001, IF=1,4 (2024) https://www.sciencedirect.com/science/article/abs/pii/S1360859224005618 https://www.webofscience.com/wos/woscc/full-record/WOS:001394424000001
14.	Tohănean, D.I., Vulpe, A.M. , Mijaica, R., Alexe, D.I.	<i>Embedding Digital Technologies (AI and ICT) into Physical Education: A Systematic Review of Innovations, Pedagogical Impact, and Challenges</i>	Special issue of Applied Sciences (ISSN 2076-3417). This special issue belongs to the section "Computing and Artificial Intelligence". Appl. Sci. 2025, 15 (17), 9826; https://doi.org/10.3390/app15179826

15.	Aksovic, N., Arsenijevic, R., Bujan, S., Utvic, N., Lilic, L., Stankovic, V. Bjelica, B., Mares, G., Galeru, O., Pavel, S.I., Dobrescu, T., Gorgan, C.M.	<i>Enhancing Motor Abilities in Male Basketball Players Through Complex Training: A Systematic Review</i>	APPLIED SCIENCES-BASEL , 2025, Volume 15, Issue 6, Article number: 3342, Indexed: 2025-04-03, eISSN: 2076-3417, DOI: 10.3390/app15063342, WOS:001453451100001, IF=2,5 (2024) https://www.webofscience.com/wos/woscc/full-record/WOS:001453451100001
16.	Choudhary, P.K. Choudhary, S. Gorgan, C.M. Saha, S. Astuti, Y.	<i>Effects of an eight-week neuromuscular training program on performance variables in female university football players</i>	PEDAGOGY OF PHYSICAL CULTURE AND SPORTS , 2025, Volume 29, Issue 6, Page 511-523, Indexed: 2026-01-10, eISSN: 2664-9837, DOI: 10.15561/26649837.2025.0602, WOS:001654015700002, IF=1,5 (2024) https://www.webofscience.com/wos/woscc/full-record/WOS:001654015700002
17.	Grosu V.T., Mancini N., Rozsnyai RA, Neagu SG, Monea D., Grosu EF, Dobrescu T , Hervás-Gómez C., Popovici C	<i>Mental conditioning and pulse oximetry monitoring in short-term training of alpine skiers aged 13-16 years 2025</i>	Pedagogy Of Physical Culture And Sports 29(6), pp.565-573, 2664-9837, JCI 0.37, Published 2025, Indexed 2026-01-10, ESCI, Q3. https://www.webofscience.com/wos/woscc/full-record/WOS:001654015700007
18.	Arsenijevic, R Trikos, B Kojic, F, Toskic, L, Stankovic, V, Aksovic, N, Bjelica, B Bujan, S Dobrescu, T	<i>Monitoring the subjective internal load in elite level kumite-karate athletes: Role of the rest periods duration, breathing techniques, and training volume</i>	Kinesiologia Slovenica , Volume m31 Issue 2 Pg191-206, Published 2025, Indexed 2025-08-01, JCI 0.1, ESCI, Q4 https://www.webofscience.com/wos/woscc/full-record/WOS:001535082200012
19.	Slicaru, AC; Sandovici, A; Ababei, C; Ochiana, G; Nechifor, C; Dobrescu T Raveica, G	<i>Dimensions of Depression in the Dynamics of Recovery of Elderly Patients with Post-Traumatic Sequelae</i>	Revista Romaneasca Pentru Educatie Multidimensionala 17 (1), pp.277-292, Published Mar 2025, Indexed 2025-04-15, ISSN 2066-7329, eISSN 2067-9270, IF 0,6 (2023), IF 0,6 (2023) ESCI Q3 https://www.webofscience.com/wos/woscc/full-record/WOS:001462551200013
20.	Saleem F, Arshad M, Anwar S, Panaet EA , Tohănean DI, Alexe CI Alexe DI	<i>Myokinetic Stretching Exercise Versus Post-Isometric Relaxation Combined with Traction in Patients with Cervical Radiculopathy—A Randomized Clinical Trial.</i>	Life . 2025; 15(5):721. WOS:001497472800001, https://doi.org/10.3390/life15050721 , https://www.mdpi.com/2075-1729/15/5/721 , https://www.webofscience.com/wos/allldb/full-record/WOS:001497472800001
21.	Čaušević D, Mustafović E, Čović N Abazović E, Savu CV, Tohănean DI, Antohe BA, Alexe CI	<i>Who Runs the Most? Positional Demands in a 4-3-3 Formation Among Elite Youth Footballers.</i>	Sensors . 2025; 25 (18): 5825, WOS:001582203200001, https://doi.org/10.3390/s25185825 , https://www.mdpi.com/1424-8220/25/18/5825 , https://www.webofscience.com/wos/allldb/full-record/WOS:001582203200001
22.	Panaet, E.A., Antohe, B.A, Alexe, C.I. , Oșean, V., Herlo, J.N. Burchel, L.O.	<i>The Impact of Flatfoot on Posture Alignment in Primary School Students-A Proposal for Educational Preventive Strategies.</i>	Revista Romaneasca Pentru Educatie Multidimensionala , (2025). 17(1), 454-468. WOS:001462551200024, https://doi.org/10.18662/rrem/17.1/961 https://www.webofscience.com/wos/allldb/full-record/WOS:001462551200024
23.	Jouira, Ghada, Cristina Ioana Alexe Laurian Ioan Păun, Anna Zwierzchowska, Cătălin Vasile Savu	<i>Effects of Auditory Environments on Postural Balance and Cognitive Performance in Individuals with Intellectual Disabilities: A Dual-Task Investigation.</i>	Applied Sciences . 2025; 15(1):486. WOS:001394877200001, https://doi.org/10.3390/app15010486 https://www.webofscience.com/wos/allldb/full-record/WOS:001394877200001
24.	Umut Canli, Monira Aldhahi, Ali Mert Sendil, Zeynep Dogan, Dorin Alupe, Maria Cristina Man, Cristina Ioana Alexe , Cansel Arslanoglu	<i>The effect of body composition and lifestyle habits on functional movement capacity in untrained middle-aged men</i>	Journal of Men's Health , 2025, vol.21, issue 1, p.73-80, http://doi.org/10.22514/jomh.2025.007 https://oss.jomh.org/files/article/20250124-474/pdf/JOMH2024082001.pdf , https://www.webofscience.com/wos/allldb/full-record/WOS:001415359300007

25.	G. Luptáková, J. Argajová, T. Balga D. Augustovičová, P. Sobotová, Ghe. Balint , B. Antala	<i>Team Teaching Models in Primary Physical Education: Effects on Basic Motor Competencies and Self-Reported Physical Literacy</i>	CHILDREN , Special Issue Recent Advances in Children's Motor Development: From Birth to Adolescence, Volume 12, Issue 12, Article Number 1595, Published NOV 24 2025, Indexed, 2026-01-01, eISSN: 2227-9067, DOI: https://doi.org/10.3390/children12121595 https://www.webofscience.com/wos/woscc/full-record/WOS:001648173800001
26.	Kohútová, K. Almašiová, A. Holdoš, J. Izrael, P. Balint, G.,	<i>Traditional Bullying and Cyberbullying: Typology of Victims and Aggressors in Slovakia</i>	REVISTA ROMÂNEASCĂ PENTRU EDUCAȚIE MULTIDIMENSIONALĂ , Volume: 17, Issue 4, pages: 138-152, Published 2025, Indexed 2026-01-10, ISSN 2066-7329, eISSN 2067-9270, WOS: 001654443400006 DOI: https://doi.org/10.18662/rrem/17.4/1050 https://www.webofscience.com/wos/woscc/full-record/WOS:001654443400006
27.	L. Šiska Ghe. Balint D. Židek J. Sedlacek Š. Tkacik N. T. Balint	<i>The Relationship Between the Burpee Movement Program and Strength and Endurance Performance Measures in Active Young Adults: A Cross-Sectional Analysis</i>	JOURNAL OF FUNCTIONAL MORPHOLOGY AND KINESIOLOGY , Special Issue Efficiency in Kinesiology: Innovative Approaches in Enhancing Motor Skills for Athletic Performance, 3rd Edition, Volume: 9, Issue 4, Article Number 197, Published DEC 2024, Indexed 2025-01-05, eISSN 2411-5142, WOS: 001386867000001 DOI: https://doi.org/10.3390/jfmk9040197 https://www.webofscience.com/wos/woscc/full-record/WOS:001386867000001
28.	Cojocariu, V.-M., Amălancei, B.-M., Mareș, G. , Cîrțiță-Buzoianu, C., & Măță, L.	<i>Higher Education Teachers' Attitudes towards Inclusive Education</i>	<i>Revista Românească Pentru Educatie Multidimensionala</i> , 17(1), 33-53. https://doi.org/10.18662/rrem/17.1/940
29.	Mareș, G. , Cojocariu, V.-M., Cîrțiță-Buzoianu, C., Amălancei, B.-M., & Măță, L.	<i>Self-efficacy in Relation to Career Decision-Making</i>	<i>Revista Românească Pentru Educatie Multidimensionala</i> , 17(1), 180-197. https://doi.org/10.18662/rrem/17.1/946
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8. Recenzii ISI

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7.	Haley M. Nguyen Sophia L. Porcill , Rebecca R. Rogers, Josselyn Jose-Gomez, Rachel E. Wright, Phoebe N. Spears,Christopher G. Ballmann *	<i>Effects of Acute Red Spinach Powder (VitaSpinach) Ingestion on Muscular Endurance and Resistance Exercise Performance</i>	<i>Muscles</i> , eISSN 2227-9032, Volume 4, Issue 4, Article Number 60, Published DEC 3 2025 Review date: 2025-08-26 16:11:30 DOI: https://doi.org/10.3390/muscles4040060 https://susy.mdpi.com/user/review/review/63624832/iVUX5e8S https://www.webofscience.com/wos/woscc/full-record/WOS:001648394200001 Balint G.
8.	Nerea Blanco-Martínez , Daniel González-Devesa*, Pedro Vicente-Vila, Antía Esmerode-Iglesias, Carlos Ayán-Pérez	<i>Impact of Sibling Presence on Motor Competence and Physical Fitness: A Systematic Review of 110,195 Participants</i>	<i>Healthcare</i> , Special Issue: <i>Advancing Physical Activity and Well-Being in Children and Adolescents</i> , ISSN 2227-9032, Manuscript ID: healthcare-3885692 REJECTED https://susy.mdpi.com/user/review/review/64825998/GHbpbk1hc Balint G.
9.	Ohla, J.; Walus, P.; Wiciński, M.; Małkowski, B.; Turoń, B.; Jabłoński, A.; Gawryjolek, M.; Kellett, K.; Zabrzynski, J.	<i>Pelvic fractures and the importance of associated injuries – a multidisciplinary approach</i>	<i>Clin. Pract.</i> , 15(7), 130, 2025. ISSN 2039-7283 https://doi.org/10.3390/clinpract15070130 Elena Adelina Panaet - Web of Science Researcher Profile
10.	Gül, H; Erel, S; Karaca, İ	<i>The relationship between pronated foot and lower extremity, pelvic, and lumbar alignment in asymptomatic young adults: A cross-sectional study</i>	<i>Turkish Journal of Kinesiology</i> , 11(1), 53-60, 2025. e-ISSN 2459-0134 https://doi.org/10.31459/turkjin.1624898 Elena Adelina Panaet - Web of Science Researcher Profile
11.	ANONIM	<i>Generalized Joint Hypermobility Diagnosis in Children: A Comparison Between Shiari-Javadi Criteria and Beighton Criteria</i>	<i>BMC Pediatrics</i> Elena Adelina Panaet - Web of Science Researcher Profile
12.	Hanney WJ; Brown RA; Lufsey E; Newsome G; Sewnarine P; Kolber MJ; Anderson AW.	<i>Defining skill in manual and manipulative therapy: perspectives from physical therapists</i>	<i>Healthcare - Basel</i> , Volume: 13, Issue: 17, Number: 2081 Published AUG 22 2025, WOS:001569779200001 DOI: 10.3390/healthcare13172081 eISSN 2227-9032
13.	Huisman SA, Kruithof K,	<i>Caregivers' Tacit Knowledge in the Medical Care for</i>	My peer reviews - Web of Science Researcher Profiles Mares G

	Hoogsteijns M, Nieuwenhuijse AM, Willems DL, Zaal-Schuller IH.	<u>Individuals with Profound Intellectual and Multiple Disabilities: an Exploratory Qualitative Study into Intellectual Disability Physicians' Perspectives</u>	
14.	Monaci, M., Javaher, S., & Barello, S.	<u>Open Notes in Mental Health: A Scoping Review of Stakeholder Experiences and Implications for Clinical Practice-Web of Science Core Collection</u>	My peer reviews - Web of Science Researcher Profiles Mares G
15.	Mostafa, S. A., Smith, K., Nelson, K., Elbayoumi, T., & Nzekwe, C.	A Learning Strategy Intervention to Promote Self-Regulation, Growth Mindset, and Performance in Introductory Mathematics Courses. <i>European Journal of Investigation in Health, Psychology and Education</i> , 15(10), 198. https://doi.org/10.3390/ejihpe15100198	My peer reviews - Web of Science Researcher Profiles Mares G
16.	Parmigiani, D., Nicchia, E., Pario, M., Murgia, E., Radović, S., & Ingersoll, M.	Learning with Peers in Higher Education: Exploring Strengths and Weaknesses of Formative Assessment. <i>Trends in Higher Education</i> , 4(3), 48.	My peer reviews - Web of Science Researcher Profiles Mares G
17.		Simulation-Based Educational Practices Influence Emotional Intelligence and Stress Coping Skills: Evidence from a Pilot Study on First Aid Training in Physical Activity and Sports Sciences <i>Trends in Higher Education</i>	My peer reviews - Web of Science Researcher Profiles Mares G
18.	Öztürk Çelik D	Emotional Intelligence and Psychological Well-Being of Turkish Physical Education and Sports Athlete-Students: The Mediating Roles of Self-Efficacy and Burnout. <i>Behavioral sciences (Basel, Switzerland)</i> , 15(3), 314. https://doi.org/10.3390/bs15030314	My peer reviews - Web of Science Researcher Profiles Mares G
19.	Szaniawska, M., & Kokoszka, A.	Prevalence of ADHD Among Nonpsychotic Patients of Day-Care Centers and Comparison of Psychiatric Comorbidities Among Persons With and Without ADHD: A Pilot Study. <i>Journal of clinical medicine</i> , 14(4), 1153. doi.org/10.3390/jcm14041153	My peer reviews - Web of Science Researcher Profiles Mares G
20-123	103 art		DAN IULIAN ALEXE - Web of Science Researcher Profile
124 - 177	53 art		Cristina Ioana ALEXE - Web of Science Researcher Profile
	TOTAL = 177 fracțiuni		

9. Articole publicate în reviste internaționale necotate ISI, dar indexate BDI

Nr. crt.	Autor(i)	Titlul articolului	Date identificare revistă	ISSN
1.	Cádiz Gallardo, M.P., Pradas, F. Acsinte, A. , Ortega Zayas, M.Á, Carrasco Pérez, L. Lecina Monge, M.	<i>Análisis de la respuesta fisiológica de los jugadores de pádel en situación de laboratorio y competición. Revisión sistemática. Analysis of physiological responses of padel players in laboratory and competition context. Systematic review</i>	PADEL SCIENTIFIC JOURNAL, 2025, Volume 3, Issue 2, Page 179-199, DOI: 10.17398/2952-2218.3.179 https://revista-padel.unex.es/index.php/padel/article/view/2424	ISSN: 2990-2053 ISSN-e: 2952-2218
2.	Das, R. Shukla, A. Jhajharia, B. Ciocan, V.C.	<i>Effect of self-myofascial release on latent myofascial trigger points in physically active male individuals</i>	JOURNAL OF HUMAN SPORT AND EXERCISE, 2025, Volume 20, Issue 4, Page 1101-1111, DOI: 10.55860/e1d25f17 https://www.jhse.es/index.php/jhse/article/view/effect-self-myofascial-release-latent-myofascial-trigger-points	e-ISSN: 1988-5202
3.	Gorgan, C.M. Sabău, G., Pascu, M., Jercălău, T.M. Cătălin V.C.	<i>Study on The Level of Top Athletic Performance Correlated with the Level of Motivation</i>	GYMNASIUM - Scientific Journal of Education, Sports, and Health, 2025, Volume 26, Issue 2, Page 45-54, DOI: 10.29081/gsjesh.2025.26.2.5 https://gymnasium.ub.ro/journal/article/view/746	Online ISSN: 2344-5645 Print ISSN: 1453-0201
4.	Armanu, G.B. Rață, B.C.	<i>The efficiency of combined training using classical exercises and core stability exercises in strength development for senior handball players</i>	Annals of "Dunarea de Jos" University of Galati. Fascicle XV, Physical Education and Sport Management, (1), pp. 125-135. DOI: https://doi.org/10.35219/efms.2025.1.09	ISSN 2784-2495 ISSN-L 2784-2495
5.	Dragoi, C.C. Sava, M.A. Drăgoi, R.E.	<i>Study on Developing Balance through Throwing Drills in Third-Grade Pupils</i>	Bulletin of the Transilvania University of Braşov. Series IX: Sciences of Human Kinetics, Vol.18(67), Nr. 2 (2025), DOI: https://doi.org/10.31926/but.shk.2025.18.67.2.18	ONLINE: 2971-978X
6.	Damian, G.C. Moldovanu, R.Ş. Zaharia, G. Pavel, S.I.	<i>Development of Lower Limb Muscle Strength through the Implementation of a Plyometric Program for 7th Grade Students</i>	GYMNASIUM - Scientific Journal of Education, Sports, and Health, 2025, Volume 26, Issue 1, Page 55-64, DOI: 10.29081/gsjesh.2025.26.1.5 https://gymnasium.ub.ro/journal/article/view/725	Online ISSN: 2344-5645, Print ISSN: 1453-0201
7.	Damian, G.C. Pavel, S.I. , Onur, S.	<i>Improvement of Technical Skills of Football Players U13</i>	GYMNASIUM - Scientific Journal of Education, Sports, and Health, 2025, Volume 26, Issue 2, Page 179-188, DOI: 10.29081/gsjesh.2025.26.2.15	Online ISSN: 2344-5645, Print ISSN: 1453-0201
8.	Harahap, M.F. Khamraeva, Z.B. Gorgan, C.M.	<i>Force Generation and Muscle Activation: A Literature Review of Lower Limb Mechanics in Softball Batting</i>	INSPIREE: Indonesian Sport Innovation Review, 2025, Volume 6, Issue 02, Page 87-97. https://doi.org/10.53905/inspiree.v6i02.146	e-ISSN: 2746-6965
9.	Laidi, A. Bakri, A. Djeriou, M., Bouadjila, O. Laidi, Y. Gorgan, C.M.	<i>A comparative study of fitness levels, physical health, and mental well-being among students at Mohamed Boudiaf University</i>	Sustainability and Sports Science Journal, 2025, Volume 3, Issue 4, Page 231–248, DOI: 10.55860/FZQN4474 https://doi.org/10.55860/FZQN4474	2990-2975
10.	Abderrahim, L. Metarfi, K. Gorgan, C.M.	<i>How eight-weeks of short interval training with plyometric and rapid running exercises effects on maximal speed and agility performance in U19 amateur soccer athletes</i>	Geosport for Society, 2025, Volume 23, Issue 2, Page 123-140, DOI: 10.30892/gss.2303-136 https://doi.org/10.30892/gss.2303-136 https://geosport.uoradea.ro/2025_2/gss.2303-136.pdf	2393-1353

11.	Badau, D., Badau, A., Ene-Voiculescu, V., Ene-Voiculescu, C. Teodor, D. F., Sufaru, C. , Dinciu, C.C., Dulceata, V. Manescu, D.C. Manescu, C.O.	<i>El impacto de las tecnologías en el desarrollo de la velocidad repetitiva en balonmano, baloncesto y voleibol</i>	Retos, 2025, Volume 64, Page 809–824, DOI: 10.47197/retos.v64.111116 https://doi.org/10.47197/retos.v64.111116 https://www.revistaretos.org/index.php/retos/article/view/111116	ISSN: 1579-1726 e-ISSN: 1988-2041
12.	Bufta V., Braniste Ghe. Dobrescu T.	<i>Work Capacity and Individual Differences of Elite Gymnasts In The Pre-Competitive Period</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg. 189-197, index.2025-09-26, https://doi.org/10.29081/gsjesh.2025.26.2.16	ISSN-L 1453-0201 ISSN 2344-5645,
13.	Vizitiu Lakhdari E, Tanasă I-R. Dobrescu T	<i>Integrating Hydro-Kinesiotherapy in the Therapeutical Management of Metabolic Syndrome in Patients with Mental Disorders – A Case Study</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg. 167-178, index.2025-09-26, https://doi.org/10.29081/gsjesh.2025.26.2.14	ISSN-L 1453-0201 ISSN 2344-5645
14.	Vizitiu Lakhdari E, Slusar A., Dobrescu T.	<i>Study on Determining Body Composition Using the Tanita Device in Individuals Aged 20 to 30 Years</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg. 99-113, index.2025-09-26 https://doi.org/10.29081/gsjesh.2025.26.2.9	ISSN-L 1453-0201 ISSN 2344-5645
15.	Stoica C.-E., Tengbjerg J., Drăgan R. A., Dobrescu T.	<i>The Effectiveness of Therapeutic Massage and Complementary Techniques in the Treatment of Lumbalgias of Various Etiologies</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg., 55-68, index.2025-09-26 https://doi.org/10.29081/gsjesh.2025.26.2.6	ISSN-L 1453-0201 ISSN 2344-5645
16.	Utvić N., Arsenijević R., Aksović N., Lilić L, Stanković V. , Dobrescu T	<i>Training Programs for Loss of Fat Tissue and Changes in Body Composition in Obese Individuals: A Systematic Review</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg. 27-35, index.2025-09-26 https://doi.org/10.29081/gsjesh.2025.26.2.3	ISSN-L 1453-0201 ISSN 2344-5645
17.	Stankov S., Sivković V., Stanković D., Bubanj S., Sinanović Š., Aksović N., Bjelica B., Bilalović E., Stanić Đ., Suljić M., Dobrescu T.	<i>Magnetic Resonance Imaging Presentation of the Achilles Tendon Injuries – Examples from Our Practice</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, Vol. XXVI, Issue 2 / 2025, pg. 114-124, index.2025-10-14 https://doi.org/10.29081/gsjesh.2025.26.2.10	ISSN-L 1453-0201 ISSN 2344-5645
18.	Arsenijević R., Trikoš B., Kojić F., Toskić L., Marković M., Utvić N., Aksović N., Lilić L., Stanković V.,	<i>Impact of The Rest Period Duration and Breathing Techniques on Session RPE in Elite Kumite-Karate Athletes</i>	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, , Vol. XXVI, Issue 1 / 2025, pg. 119-129, index.2025-04-08 https://doi.org/10.29081/gsjesh.2025.26.1.11 https://gymnasium.ub.ro/journal/article/view/731	ISSN-L 1453-0201 ISSN 2344-5645

	Dobrescu T.			
19.	Ștefăniță, R.G., Radu, A.Ș., Mereuță C., Nanu L., Balint, G. , Georgescu, L.I.	<i>SPORTS - THERAPEUTIC TOOL IN NEUROPSYCHIC REHABILITATION FOR PEOPLE WITH DISABILITIES</i>	<i>Annals of "Dunarea de Jos" University of Galati. Fascicle XV, Physical Education and Sport Management, (1), pp. 232-251. DOI: https://doi.org/10.35219/efms.2025.2.16</i>	ISSN 2784-2495 ISSN-L 2784-2495
20.	Mohamed Amine Rahmoune, Amar Nouioua, Okba Selmi, Dan Iulian Alexe	<i>Impact of Small-Sided Games and Hoff Circuit Training on Aerobic Capacity</i>	<i>Journal for Educators, Teachers and Trainers, 2025, Vol.16 (4).160-175, https://doi.org/10.47750/jett.2025.16.04.11, https://jett.labosfor.com/index.php/jett/article/view/2794</i>	ISSN : 1989-9572
21.	Hulaja B; Shukova D; Georgi S; Gontarev GS; Iacob GS; Antohe BA	<i>Comparison of dry needling, shockwave therapy and standard physiotherapy in cervical myofascial pain syndrome</i>	<i>Physical rehabilitation and recreational health technologies, Volume 10, Number 6, 2025, p.428 DOI: 10.15391/prrht.2025-10(6).05</i>	ISSN (print) 2522-1906, ISSN (online) 2522-1914
22.	Barlow, K., Todorova, L., Mincheva, P., andi, A., Rață, M. , Nafai, S., LeMonda, K., Bates, A.	<i>Findings and implications from a global survey on paediatric education in occupational therapy academic programmes and paediatric practice in occupational therapy</i>	<i>Irish Journal of Occupational Therapy. 41(1), 12 – 19. http://dx.doi.org/10.1108/IJOT-04-2024-0023 https://www.scopus.com/pages/publications/105003414209 https://www.proquest.com/docview/3200204656?pq-origsite=gscholar&fromopenview=true&sourcetype=Scholarly%20Journals</i>	ISSN 0791-8437 eISSN 2398-8819
23.	Sandovici Anișoara ; Nechifor Constantin	<i>The Importance of the Dimension of Impulsive Behavior in Structuring Substance Dependence Correlated with the Age of Consumers</i>	<i>Anuarul Universității "Petre Andrei" din Iași Fascicula: Asistență Socială, Sociologie, Psihologie, Vol.33, pp. 193-200, https://doi.org/10.63331/upasw/33/20</i>	ISSN: 2248-1060 e- ISSN: 2601-8209
24.	Cristina-Elena Stoica; Gabriel Stănică Lupu	<i>Aspects Regarding the Efficiency of Physiotherapy Intervention in the Treatment of Gonarthrosis</i>	<i>Proceedings of the 10th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy – ICU 2024 The Football Of The Future-Between Science, Society And Sports 22-24 November, Iași – România, DOI: https://doi.org/10.36836/22-24/11/2024</i>	1582-2168
TOTAL = 10,83 fracțiuni				

10. Lucrări publicate în volumele conferințelor internaționale, indexate ISI/ organizate de societăți profesionale internaționale (proceedings ISI)

Nr. crt.	Autor(i)	Titlul articolului	Date identificare revistă	ISSN
1.				
TOTAL = fracțiuni				

11. Articole publicate în alte reviste sau volume ale unor conferințe neindexate

Nr. crt.	Autor(i)	Titlul articolului	Date identificare revistă	ISSN
1.	Armanu, G.B. Rață, B.C.	<i>Effects of a combined plyometric and isometric exercise program on explosive strength development in U19 handball players</i>	11th International Conference "Physical exercises - a complex and modern way to promote healthy living" On 30th October - 1st November, 2025, ABSTRACTS BOOK https://efs.ucv.ro/conferinte/healthy-living/files/abstractsBook.pdf	-
2.	Rokvić M., Aksović N., Babović D., Joksimović A., Joksimović D., Miljković M., Dobrescu T., Stanković V.	<i>Effects of the experimental basketball program on the motor abilities of younger school-age children</i>	Anthropological and theo-anthropological view on physical activity (12), 2025, pg. 116-122, Proceeding BDI, 13th International Scientific Conference, Ed. University of Priština-Kosovska Mitrovica – Faculty of Sport and Physical Education in Leposavić, Leposavić https://scindeks-zbornici.ceon.rs/Article.aspx?artid=proc-00722501116R	ISBN 978-86-82374-07-7
3.	Veselinović Z., Hajder Đ. Bjelica B, Pržulj R, Aksović N Dobrescu T. Bubanj S	<i>Impact of preventive exercise programs on scoliosis</i>	Anthropological and theo-anthropological view on physical activity (12), 2025, pp. 139-147, Proceeding BDI, 13th International Scientific Conference, Ed. University of Priština-Kosovska Mitrovica – Faculty of Sport and Physical Education in Leposavić, Leposavić https://scindeks-zbornici.ceon.rs/Article.aspx?artid=proc-00722501139V	ISBN 978-86-82374-07-7
4.	BALINT, G.,	<i>From motion to mastery: kinetic learning strategies in skiing education.</i>	International Scientific Conference Diagnostics in Sport 2025, organized by the Faculty of Sports of the University of Prešov, SLOVAKIA - 11th - 12th September, 2025, ABSTRACTS BOOK, pag.20 https://elibrary.pulib.sk/elpub/view/isbn/9788055535500	ISBN: 978-80-555-3550-0
5.	Danțiș, I., BALINT, G.,	<i>Study on the effectiveness of proprioceptive exercises in improving perceptual - motor coordination among 5th grade students.</i>	International Scientific Conference Diagnostics in Sport 2025, organized by the Faculty of Sports of the University of Prešov, SLOVAKIA - 11th - 12th September, 2025, ABSTRACTS BOOK, pag. 22 https://elibrary.pulib.sk/elpub/view/isbn/9788055535500	ISBN: 978-80-555-3550-0
6.	BALINT, G.,	<i>Movement understanding and kinetic representation in the learning process of skiing in physical education faculty</i>	12th International Scientific Conference "Anthropological and Theo-Anthropological View on Physical Activity (ATAVPA)", Kopaonik, SERBIA - 20th - 22th March, 2025, ABSTRACT BOOK, pag. 35. https://atavpa.fsfv-pr.rs/doc/abstract_book/2025/abstract_book_2025.pdf	ISBN 978-86-82329-91-6
7.	Danțiș, I., BALINT, G.,	<i>Study on the effectiveness of proprioceptive exercises in improving general dynamic coordination among fifth-grade students.</i>	12th International Scientific Conference "Anthropological and Theo-Anthropological View on Physical Activity (ATAVPA)", Kopaonik, SERBIA - 20th - 22th March, 2025, ABSTRACT BOOK, pag. 29. https://atavpa.fsfv-pr.rs/doc/abstract_book/2025/abstract_book_2025.pdf	ISBN 978-86-82329-91-6
8.	Danțiș, I., BALINT, G.,	<i>Definition and assessment of proprioception: a literature review</i>	19th FIEPS European Congress: "Inspiring Excellence: Empowering the Future of Physical and Sport Education.", Antalya, TURKEY , - 24th - 27th April, 2025, BOOK OF ABSTRACTS, pag. 153. https://www.fieps2025.org/AbstractBook.php	ISBN: 978-625-96318-0-6
	TOTAL = 4,26 fracțiuni			

12. Cărți /capitole publicate în edituri naționale / internaționale

Nr. crt	Autor(i)	Titlul / carte sau capitol carte	Editură națională / internațională	Număr pagini	ISBN
1.	Hardman Ken Balint Gheorghe (Editori)	<i>FIEPS Specialized Multi-Lingual Dictionary – Physical Culture: Physical Education, Sport, Physical Recreation. Book II – English - Romanian</i>	Editura: Asociation of Physical Education and Sports Pedagogues FIEP, Nis, SERBIA ; 2025.	447 pag. (en/ ro).	978-86-80984-14-8
2.	G. Luptáková; B. Antalá; Ghe. Balint ; M. Lazar; D. Novak; I. Dantis (Editori)	<i>Bridging Theory and Practice in Physical Education. Research - Curriculum - Teacher Training</i>	Editura: Alma Mater, Bacău, ROMÂNIA ; 2025.	384 pag. (EN)	978-606-527-737-3
3.	Rață Marinela	<i>Bazele neurodezvoltării: de la perioada prenatală la copilăria timpurie.</i>	Editura Ovidius Universiry Press, Constanța	110	978-606-060-140-1
4.	Rață Marinela	<i>Introducere în kinetotarapia respiratorie</i>	Editura Ovidius Universiry Press, Constanța	151	978-606-060-141-8
5.	Panaet Elena Adelina	<i>Piciorul plat: implicațiile biomecanice asupra aliniamentului postural la copii</i>	Risoprint Cluj-Napoca	150	ISBN: 978-973-53-3380-5
6.	Boghian, I., Mareș, G. (Editori)	<i>Gamification and Inclusion. Challenges of 21st-Century Education. Springer, Cham.</i>	Internațională Switzerland: Springer.	225 (EN)	978-3-031-98389-4; 978-3-031-98390-0 (eBook)
7.	Boghian, I., Mareș, G.	<i>An Introduction to Gamification for Inclusive Twenty-First-Century Education. In I. Boghian & G. Mareș (Eds.), Gamification and Inclusion. Challenges of 21st-Century Education (pp. 1-16).</i>	Internațională Switzerland: Springer.	16 (EN)	978-3-031-98389-4; 978-3-031-98390-0 (eBook)
8.	Mareș, G. , Cojocariu, V.-M.	<i>The Right to Education for All in the Context of Online Education. In I. Boghian & G. Mareș (Eds.), Gamification and Inclusion. Inclusive Learning and Educational Equity (pp. 17-37). Springer, Cham.</i>	Internațională Switzerland: Springer.	20 (EN)	978-3-031-98389-4; 978-3-031-98390-0 (eBook)
9.	Boghian, I., Mareș, G. , Cojocariu, V.-M., Popescu, CV.	<i>Using Gamification to Enhance Learning, Reduce Stress, and Promote Inclusion in Academic Online Education. In I. Boghian & G. Mareș (Eds.), Gamification and Inclusion. Inclusive Learning and Educational Equity (pp. 207-225). Springer, Cham.</i>	Internațională Switzerland: Springer.	18	978-3-031-98389-4; 978-3-031-98390-0 (eBook)
10.	Cojocariu, V.-M., Nechita, E., Mareș, G. , Măță, L.	<i>Connecting Academia and Business on the Quadruple Helix. Employers' Support to Optimise Training in Higher Education. In A. Curaj, C. M. Hâj, R. Pricopie (Eds.), European Higher Education Area 2030: Bridging Realities for Tomorrow's Higher Education (pp. 353-372).</i>	Internațională Switzerland: Springer.	20 (EN)	978-3-031-75139-4
TOTAL = fracțiuni					

13. Brevete / Produse cu drept de proprietate intelectuală (naționale/internaționale)

Nr. crt	Autor(i)	Titlul	Date de identificare brevet
1.			
TOTAL = fracțiuni			

14. Lucrări științifice prezentate la manifestări științifice internaționale / naționale (conferințe, sesiuni științifice)

Nr. crt.	Autor(i)	Titlul lucrării	Date identificare manifestare științifică
1.	Armanu, G.B. Rață, B.C.	<i>The efficiency of combined training using classical exercises and core stability exercises in strength development for senior handball players</i>	The 8th Edition of the International Conference Sports, Education, Culture Interdisciplinary Approaches in Scientific Research SEC – IASR 2025, 29 - 31 MAY 2025, Galati, Romania https://www.fefs.ugal.ro/index.php/ro/cercetare/evenimente-stiintifice/conferinte
2.	Armanu, G.B. Rață, B.C.	<i>Effects of a combined plyometric and isometric exercise program on explosive strength development in U19 handball players</i>	11th International Conference "Physical exercises - a complex and modern way to promote healthy living", On 30th October - 1st November, 2025, Universitatea din Craiova https://efs.ucv.ro/conferinte/healthy-living/
3.	Ababei Radu	<i>Study regarding the efficiency of the olympic education course for students</i>	SPORT,OLYMPISM,HEALTH (SOH -2025) Chisinau, Republica Moldova 18.09. 2025 - 20.09.2025 Adresa web a conferinței https://www.usefs.md/congres-2025.php
4.	Ababei R. Ababei C. Sandovici A, Nechifor C.	<i>Study regarding the communication styles in the parent-coach relationship in beginner football teams</i>	PHYSICAL EXERCISES - A COMPLEX AND MODERN WAY TO PROMOTE HEALTHY LIVING, 30.10.2025-1.11.2025 https://efs.ucv.ro/conferinte/healthy-living/
5.	BALINT, G.,	<i>From motion to mastery: kinetic learning strategies in skiing education.</i>	International Scientific Conference Diagnostics in Sport 2025, organized by the Faculty of Sports of the University of Prešov, SLOVAKIA - 11th - 121th September, 2025, ABSTRACTS BOOK, pag.20, ISBN: 978-80-555-3550-0 https://elibrary.pulib.sk/elpub/view/isbn/9788055535500 https://www.unipo.sk/fakulta-sportu/dvs-2025
6.	Danțiș, I., BALINT, G.,	<i>Study on the effectiveness of proprioceptive exercises in improving perceptual - motor coordination among 5th grade students.</i>	International Scientific Conference Diagnostics in Sport 2025, organized by the Faculty of Sports of the University of Prešov, SLOVAKIA - 11th - 121th September, 2025, ABSTRACTS BOOK, pag. 22, ISBN: 978-80-555-3550-0 https://elibrary.pulib.sk/elpub/view/isbn/9788055535500 https://www.unipo.sk/fakulta-sportu/dvs-2025
7.	BALINT, G.,	<i>Movement understanding and kinetic representation in the learning process of skiing in physical education faculty</i>	12th International Scientific Conference "Anthropological and Theo-Anthropological View on Physical Activity (ATAVPA)", Kopaonik, SERBIA - 20th - 221th March, 2025, ABSTRACT BOOK, pag. 35. ISBN 978-86-82329-91-6 https://atavpa.fsfv-pr.rs/doc/abstract_book/2025/abstract_book_2025.pdf https://atavpa.fsfv-pr.rs/
8.	Danțiș, I., BALINT, G.,	<i>Study on the effectiveness of proprioceptive exercises in improving general dynamic coordination among fifth-grade students.</i>	12th International Scientific Conference "Anthropological and Theo-Anthropological View on Physical Activity (ATAVPA)", Kopaonik, SERBIA - 20th - 221th March, 2025, ABSTRACT BOOK, pag. 29. ISBN 978-86-82329-91-6 https://atavpa.fsfv-pr.rs/doc/abstract_book/2025/abstract_book_2025.pdf https://atavpa.fsfv-pr.rs/
9.	Danțiș, I., BALINT, G.,	<i>Definition and assessment of proprioception: a literature review</i>	19th FIEPS European Congress: "Inspiring Excellence: Empowering the Future of Physical and Sport Education.", Antalya, TURKEY , - 24th - 271th April, 2025, BOOK OF ABSTRACTS, pag. 153. ISBN: 978-625-96318-0-6 https://www.fieps2025.org/AbstractBook.php https://www.fieps2025.org/
10.	Cojocariu, V.-M., Mareș, G., Boghian, I., Popescu, C.-V., Mătă, L.	<i>Starea de bine a profesorului – o abordare din prisma psihologiei pozitive. Proiectul Erasmus + Happy Power</i>	Conferința națională Soluții practice prin educație (SPRE-USV) – 16 MAI 2025, Universitatea „Ștefan cel Mare” din Suceava

11.	Mătă, L., Popescu, C.-V., Cojocariu, V.-M., Mareș, G. , Boghian, I.	<i>Mentoratul – sursă de autoînvățare și de dezvoltare personală</i>	Conferința Națională <i>Modele inovative de mentorat didactic în formarea profesorilor, INOMENT</i> , Ediția a II-a, 26.05.2025, Universitatea „Vasile Alecsandri” din Bacău, DPPD
12.	Aamine Ltifi, M., Alexe, C.I. , Tohănean, DI., Potec, CI., Alexe D-I , Aouadib R	<i>Rapid-restart protocol, faster players: A practical strategy to maximize playtime and performance</i>	11th International Conference "Physical Exercises - A Complex and Modern Way to Promote Healthy Living", 30th October - 1st November, 2025, Craiova, Romania
13.	Umut Canli, Carla Cristina Vieira Lourenço, Bichowska-Paweska, M., Sohom S., Alexe D-I	<i>Assessment of the relationship between movement quality and athletic performance in young basketball players</i>	11th International Conference "Physical Exercises - A Complex and Modern Way to Promote Healthy Living", 30th October - 1st November, 2025, Craiova, Romania
14.	Mohamed Amine Ltifi, Cristina Ioana Alexe , Michal Wilk, Dan Iulian Alexe , Mohamed Souhaïel Chelly	<i>Enhancing early childhood development: mini-trampoline training for cognitive and motor benefits</i>	11th International Conference "Physical Exercises - A Complex and Modern Way to Promote Healthy Living", 30th October - 1st November, 2025, Craiova, Romania
15.	Ruben Sanchez-Gomez, Elena Adelina Panaet , Anna Zwierzchowska, Denis Čaušević, Dan Iulian Alexe	<i>Foot orthoses modulate tensor fasciae latae activity during running depending on foot type</i>	11th International Conference "Physical Exercises - A Complex and Modern Way to Promote Healthy Living", 30th October - 1st November, 2025, Craiova, Romania https://efs.ucv.ro/conferinte/healthy-living
16.	Ababei Catalina , Sava Florin	<i>Study on the use of calisthenic exercises in school</i>	SPORT, OLYMPISM, HEALTH (SOH -2025) Chisinau, Republica Moldova, 18.09. 2025 - 20.09.2025 https://www.usefs.md/congres-2025.php
17.	Panaet, E-A Uysal, H- S, Patanè, P, Antohe B-A	<i>Research trends in the field of myofascial release techniques. A bibliometric and visual analysis</i>	11th International Conference "Physical Exercises - A Complex and Modern Way to Promote Healthy Living", 30th October - 1st November, 2025, Craiova, Romania https://efs.ucv.ro/conferinte/healthy-living
18.	Nechifor C., Sandovici A	<i>Importanța dimensiunii comportamentului impulsiv în structurarea dependenței de substanțe corelat vârstei consumatorilor</i>	Simpozionul Național cu Participare Internațională, Kreatikon: Creativitate-Formare-Performanță. Creativitate și inovare – premise ale excelenței în educație, 3-5 .04.2025; www.upa.ro/simpozionul-national-cu-participare-internationala-kreatikon-creativitate-formare-performanta-creativitate-si-inovare-premise-ale-excelentei-in-educatie-editia-a-xx-a-2/

19.	Nechifor C., Sandovici A	<i>Relația dintre trăsăturile de personalitate, stilurile de comportament și inteligența emoțională la specialiștii din domeniul sănătății</i>	Sesiunea Națională de comunicări științifice. Dimensiuni contemporane ale dezvoltării. Fundalul românesc al sincronizării europene, Universitatea „Petre Andrei,, din Iași, ediția XXXIII, 27-29 iunie 2025; https://www.upa.ro/sesiunea-nationala-de-comunicari-stiintifice-a-upa-a-ajuns-la-a-xxxiii-a-editie/
20.	Ababei R., Sandovici A, Nechifor C., Ababei C.	<i>Study regarding the communication styles in the parent-coach relationship in beginner football teams</i>	11th International Conference "Physical Exercises - A Complex And Modern Way To Promote Healthy Living", University of Craiova, Ovidius University of Constanța, and "Vasile Alecsandri" University of Bacău, On 30th October - 1st November, 2025; https://efs.ucv.ro/conferinte/healthy-living/
21.	Sandovici A.	<i>Noi surse de anxietate în contextul societății postindustriale</i>	Conferința Națională cu participare internațională „Angoasa socială vs. Anxietatea psihică,, Zilele Institutului de Psihiatrie Socola, Iași, 29octombrie – 1 noiembrie, Iași. https://socola.eu/120-ani-de-experienta-academica-si-clinica/
22.	Stoica Cristina-Elena, Tengbjerg Jeppe, Drăgan Radu Alexandru, Dobrescu Tatiana	<i>The Effectiveness of Therapeutic Massage and Complementary Techniques in the Treatment of Lumbalgias of Various Etiologies</i>	Youth in the perspective of the olympic movement International Scientific Conference March 13-14, 2025 - Brașov, Romania
23.	Cojocariu, V.-M., Mareș, G., Boghian, I., Popescu, C.-V., Măță, L.	<i>Starea de bine a profesorului – o abordare din prisma psihologiei pozitive. Proiectul Erasmus + Happy Power</i>	Conferința națională Soluții practice prin educație (SPRE-USV) – 16 MAI 2025, Universitatea „Ștefan cel Mare” din Suceava https://fsed.usv.ro/dspp/conferinta-spre-usv/despre-conferinta/
24.	Măță, L., Popescu, C.-V., Cojocariu, V.-M., Mareș, G., Boghian, I.	<i>Mentoratul – sursă de autoînvățare și de dezvoltare personală</i>	Conferința Națională <i>Modele inovative de mentorat didactic în formarea profesorilor, INOMENT</i> , Ediția a II-a, 26.05.2025, Universitatea „Vasile Alecsandri” din Bacău, DPPD https://www.ub.ro/dppd/cercetare/conferinta-inoment
25.	Adrian Valentin Cotîrleț, Radu-Daniel Ghenade	<i>Factori de prognostic în cancerul gastric</i>	<i>Euroinvent - International Workshop, Scientific, Technological and Innovative Research in Current European Context</i> , 17th edition, 09 May 2025, Iasi, Topics: Scientific Inquiries through Elective Elaborations, https://www.euroinvent.org/Report_Euroinvent_2025.pdf
26.	Cotîrleț A, Popa E, Hoge M. Andriescu D., Gavril L, Ghenade R.	<i>Laparoscopic cholecystectomy for elderly patients</i>	UMB, 38 eme Semaine medicale Balkanique, Bucuresti, 5-6 iunie 2025 https://usmf.md/ro/evenimente/saptamana-medicala-balkanica-editia-38
27.	Cotîrleț A, Popa E, Hoge M. Andriescu D., Gavril L, Ghenade R.	<i>Conversion in laparoscopic cholecystectomy for acute lithiasic cholecistitis</i>	EAES, Belgrad, Serbia, 17-20 iunie 2025 https://eaes.eu/eaes-annual-congress/programme/
28.	Cotîrleț A.	<i>Spitalul Clinic Municipal de Urgenta Moinesti,</i>	Simpozionul Internațional <i>Sanatate prin educatie</i> , Bacau, 28-30 mai 2025

		<i>pregatirea viitoarelor cadre medicale o investitie in sanatatea generatiilor viitoare</i>	https://simpozion.sanity.ro/
29.	Cotirlet A , Popa E, Hoge M. Andriescu D, Gavril L., Ghenade R., Cosa R.	<i>Rolul laparoscopiei in abdomenul acut nontraumatic</i>	<i>Conferința Națională de Chirurgie, Iasi, 29-31 mai 2025</i> https://www.eventsmax.ro/evenimente/conferinta-nationala-de-chirurgie-2025-589914
30.	Cotirlet A.	<i>Trecut si present in chirurgia laparoscopica</i>	<i>Conferința Stiintifică Națională de Toamnă AOSR – ”Știință, cunoaștere, Creativitate, Spiritualitate”, Durău, 17-19 septembrie 2025</i> https://www.aosr.ro/conferinta-stiintifica-nationala-de-toamna-aosr-2025-stiinta-cunoastere-creativitate-spiritualitate/
31.	Cotirlet A , Popa E, Hoge M., Andriescu D	<i>Laparoscopic hernia approach: Emergency hospital of Moinesti experience</i>	<i>The 13th National Congress of the Romanian Association for Endoscopic Surgery and Other Interventional Techniques, The 16th Romanian Symposium of Bariatric, Eforie Nord, 24-27 septembrie 2025</i> https://arcecongres.ro/
TOTAL = fracțiuni			

15. Alte lucrări științifice publicate la conferințe internaționale/ naționale, volume ale unor conferințe (proceeding BDI)

Nr. crt.	Autor(i)	Titlul articolului	Date identificare revista	ISSN / ISBN
1.	Balaban, A.P. Rață, B.C. Rață, M.	<i>Relationship between the levels of motor ability and sports performance in female high jumpers</i>	Proceedings of the 10th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy - ICU 2024, "The Football of the Future-Between Science, Society and Sports". 39-48. Edit. Altius Academy Foundation 22-24 November, Iași, România. https://doi.org/10.36836/22-24/11/2024 https://www.sportsisocietate.ro/articol/712	p-ISSN 1582-2168 e-ISSN 2344-3693
2.	Adrian Valentin Cotirleț , Radu-Daniel Ghenade	<i>Factori de prognostic în cancerul gastric</i>	<i>Euroinvent - International Workshop, Scientific, Technological and Innovative Research in Current European Context</i> , 17th edition, 09 May 2025, Iasi, Topics: Scientific Inquiries through Elective Elaborations, Ed. PIM, Iasi, 2025, pp. 173-210 https://www.euroinvent.org/Report_Euroinvent_2025.pdf	ISSN: 2668-3229; ISSN-L: 2668-3229
TOTAL = 1,16 fracțiuni				

16. Alte articole publicate la activități internaționale/ naționale

Nr. crt.	Autor(i)	Titlul articolului	Date identificare revistă
1.			
TOTAL = fracțiuni			

17. Alte proiecte inițiate / organizate

Nr. crt.	Proiect		Director proiect		Membri echipă	Valoare în lei (2025)
	Nr. înregistrare	Denumire	Nume	Prenume		
1.	11 martie 2025	internațional workshop Become Stronger, Bigger or Faster - How to Plan Your Resistance Training , invitat: prof.univ.dr. Michal Wilk Polonia	Alexe Lupu Alexe	Cristina Ioana, Gabriel, Dan Iulian	3	-
2.	19183/03.10.2025	<i>Un zâmbet pentru prietenul meu</i> – proiect educațional Centrul Școlar de Educație Incluzivă nr.1 Bacău	Balint Cristuță	Nela- Tatiana Alina- Mihaela	2	
3.		Organizarea workshop-ului: <i>Sleep apnea syndrome, non-invasive mechanical ventilation, secretion management. Therapeutic solutions and devices</i> 4th International Students Conference, “Interdisciplinary Research in the Training of Future Professionals in the Field of Behavioral Sciences”, May 16-17, 2025	Anghel Șlicaru	Mihaela Adina- Camelia	2	
4.		WORKSHOP: <i>Reframing Suffering as a Psychological Healing Resource</i> , 4th International Students Conference: “Interdisciplinary Research in the Training of Future Professionals in the Field of Behavioral Sciences” Bacău, May 16-17, 2025	Sandovici Nechifor	Anișoara Constantin	2	
5.		Organizarea workshop-ului: <i>Deep Stretch Fusion: The Art Of Massage And Joint Mobilization</i> , 4th International Students Conference, “Interdisciplinary Research in the Training of Future Professionals in the Field of Behavioral Sciences”, 16-17 Mai 2025	Stoica	Cristina- Elena	1	
TOTAL = fracțiuni						

DECAN,
Conf. univ. dr. Dan-Iulian ALEXE

Prodecan MCSERIF,
Conf. univ. dr. Gabriel MAREȘ