



## „VASILE ALECSANDRI" UNIVERSITY OF BACAU FACULTY OF MOVEMENT, SPORTS AND HEALTH SCIENCES

### The 5th International Students Conference:

### “Interdisciplinary Research in the Training of Future Professionals in the Field of Behavioral Sciences”

Bacău, May 15-16, 2026

### Conference program

| May 15, 2026      |   |  |
|-------------------|---|--|
| 12:00             | Registration – posters preparation  | First floor - building D                 |
| 13:00             | The opening of the conference   | Main Hall - building D                   |
| 13:10             | Plenary Presentations   | Main Hall - building D                   |
| 14:00             | Coffee/tea break  | Third floor- building D                  |
| 14:15             | Physical Education and Sports Performance/Educație fizică și Sport și performanță sportivă - scientific section   | Third floor- building D and Teams-online |
| 14:15             | Physiotherapy/ Kinetoterapie și Terapie ocupațională - scientific section   | Third floor- building D and Teams-online |
| 14:15             | Health and Social Well-being and Occupational Therapy / Sănătate, bunăstare socială și Terapie ocupațională - scientific section  | Third floor- building D                  |
| 14:15             | Posters sessions  | Third floor- building D                  |
| 15:30             | The conclusions and awards ceremony   | Third floor- building D                  |
| 17:00             | <i>Masajul Suedez în Practica Terapeutică: Principii, Tehnici și Demonstrații / Swedish Massage in Therapeutic Practice: Principles, Techniques, and Demonstrations</i>   | Third floor- building DP 10              |
| <b>Workshop 1</b> | Assoc. Prof. PhD Cristina Elena STOICA  |  |
| May 16, 2026      |   |  |
| 10:00             | <i>Abordarea fizioterapeutică în patologia discului intervertebral-hernia de disc lombară * Evaluare, raționament clinic și tratament / Physiotherapeutic approach in intervertebral disc pathology-lumbar disc herniation* Evaluation, clinical reasoning, and treatment</i> | Third floor- building D                  |
| <b>Workshop 2</b> | Teacher assistant PhD Elena-Adelina PANAET & Teacher assistant PhD Alexandru-Bogdan ANTOHE (“Vasile Alecsandri” University of Bacău)  |  |
| 11:00             | <i>Positive Psychology in Health sciences (Erasmus+ HaPo Project – resourceful model) / Psihologia pozitivă în științele sănătății (Proiectul Erasmus HaPo – un model de bună practică)</i>   | Third floor- building D                  |
| <b>Workshop 3</b> | Assoc. Prof. PhD Gabriel MAREȘ (“Vasile Alecsandri” University of Bacău)  |  |