

„Vasile Alecsandri” University of Bacău  
Faculty of Movement, Sports,  
and Health Sciences

„Ovidius” University of Constanța  
Faculty of Physical Education  
and Sports



# PROGRAM

*of*

**9th International Scientific Conference**

***”Achievements and Prospects  
in the Field of Physical Education and Sports  
Within the Interdisciplinary European Education System”***

**October 18-19, 2024**

**Bacau, Romania**

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Assoc. Prof. **Dan Iulian ALEXE**, PhD – Dean of FMSHS Bacău

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Prof. **Tatiana Dobrescu, Dr. Sc.**

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Elena Adelina PANAET – "Vasile Alecsandri" University of Bacău, Romania



## CONFERENCE SCHEDULE

Time	Thursday, October 17, 2024
14.00 - 16.00	<b>Workshops:</b>
	<ol style="list-style-type: none"> <li>1. <i>The specificity of the kinetotherapeutic intervention in the patient with vertigo</i> - As. prof. <b>Adina Camelia Șlicaru</b>, PhD, &amp; Assoc. prof. <b>Gabriela Ochiană</b>, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall DP10</i>.</li> <li>2. <i>Autism and occupation: understanding how Ayres Sensory Integration therapy can contribute to participation in everyday life</i> - <b>Ros Urwin</b>, Consultant Occupational Therapist, Director ASI-WISE – <i>Hall D 321</i></li> <li>3. <i>15 Years of learning, caring, dreaming, expecting, working Occupational Therapy in Romania</i> - Assoc. prof. <b>Gabriela Raveica</b>, PhD, &amp; Assoc. prof. <b>Marinela Rață</b>, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D 323</i></li> <li>4. <i>The game of basketball - a means of spending free time for primary school students</i> - Assoc. prof. <b>Cătălin Ciocan</b>, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D 322</i></li> </ol>
16.00 - 18.00	<b>Anniversary ceremony</b> - SC Agricola International SA, ceremony hall
Time	Friday, October 18, 2024
09.00 - 10.00	<b>9<sup>th</sup> International Scientific Conference - Guests arrival and registration</b>
10.00 – 11.30	<p><b>Official opening of the anniversary conference</b> - University Central Hall</p> <p><b>Keynote speakers:</b></p> <ol style="list-style-type: none"> <li>1. Prof. <b>Michal Wilk</b>, PhD, Academy of Physical Education Jerzy Kukuczka, Katowice, Poland <i>Safe, correct, effective - resistance training as a form of physical activity for children and adolescents</i></li> <li>2. Prof. <b>Miran Kondrič</b>, PhD, University of Ljubljana, Slovenia <i>- Can table tennis decrease progressive loss of motor control in neurodegenerative diseases</i></li> </ol>
11.30 - 12.00	<b>Coffee break</b> - <i>University Central Hall</i>
12.00 - 13.30	<ol style="list-style-type: none"> <li>3. Prof. <b>Stéphane Mandigout</b>, PhD, &amp; <b>Poeiti Abi-Saab</b>, MSc., Université de Limoges, France <i>Monitoring and evaluation of rehabilitation and physical activity for post-stroke patients at home: the contribution of new technologies</i></li> <li>4. <b>Nikola Jevtic</b>, physiotherapist, PhD, Candidate Senior Schroth Instructor Vice President International Schroth 3d Scoliosis Therapy (ISST) &amp; <b>Ioan Bogdan Goga</b>, physiotherapist, PhD, Regional Instructor Schroth, Senior Instructor OMTRO <i>The effectiveness of conservative treatment in cases of progressive idiopathic scoliosis</i></li> <li>5. Assoc. prof. <b>Adina Geambașu</b>, PhD, National University of Physical Education and Sports Bucharest, Romania <i>An era of digitalisation versus natural movement- study in 4 european countries</i></li> </ol>
13.30 – 14.30	<b>Lunch</b> – <i>University Restaurant</i>
14.30 - 17.00	<b>Scientific sections – Poster and oral presentations sessions</b> – <i>Hall D</i>
15.00 - 17.00	<b>Dean's Physical Education and Sport Forum</b> – <i>University Senat Hall</i>

<b>16.00 - 17.30</b>	<b>Workshops:</b>
	<ol style="list-style-type: none"> <li>1. <i>The Influence of Internal Organs on the Locomotor System. What is Visceral Osteopathy?</i> - Dr. <b>Dan Mezei</b>, MD, DO, The First School of Osteopathy in Romania, &amp; Tch. Assis. <b>Bogdan-Alexandru Antohe</b>, PhD, "Vasile Alecsandri" University of Bacău, Romania. – <i>Hall D317</i></li> <li>2. <i>Cognitive orientation of daily occupational performance (CO-OP) approach to facilitate lifelong participation</i> - <b>Ioana-Andreea Grigore</b>, occupational therapist, Aspera Center București, Romania – <i>Hall D318</i></li> <li>3. <i>The clinical reasoning of Schroth Therapy in spinal deformities</i> - <b>Nikola Jevtic</b>, physiotherapist, PhD, Candidate Senior Schroth Instructor Vice President International Schroth 3d Scoliosis Therapy (ISST) &amp; <b>Ioan Bogdan Goga</b>, physiotherapist PhD, Instructor Regional Schroth; Senior Instructor OMTRO – <i>Hall D323</i></li> <li>4. <i>Creativity supporting motivation and wellbeing</i> - <b>Ulla-Maija Törmälä</b>, Senior Lecturer, Oulu University of Applied Sciences, Finland &amp; Assoc. prof. <b>Gabriel Mareș</b>, PhD, "Vasile Alecsandri" University of Bacău, Romania – <i>Hall D316</i></li> <li>5. <i>The role of occupational therapy in trauma and attachment in supporting function</i> - <b>Claire Ginty</b>, Achieve Occupational Therapy Ltd, United Kingdom - – <i>Hall D321</i></li> </ol>
<b>19.00</b>	<b>Festive dinner</b> – „EMD” Hotel

## Poster and oral presentations sessions

### PHYSICAL EDUCATION IN SCHOOLS AND UNIVERSITIES - *Hall D322*

No.	Authors	Title of the Paper
	<b>Moderators</b>	<p>Assoc. Prof. <b>Mihai-Adrian Sava</b> PhD (RO) – <b>works 1-13</b>  Prof. <b>Francisco Pradas de la Fuente</b> PhD (ES)  Assoc. Prof. <b>Elena Vizitiu Lakhdari</b> PhD (RO)</p> <p>Assoc. Professor <b>Lucian Voinea</b> PhD (RO) – <b>works 14-26</b>  Prof. <b>Jaromir Sedlacek</b> PhD (SK)  Prof. <b>Cristian Popa</b> PhD (RO)</p> <p>Assoc. Prof. <b>Nicolae Ochiană</b> PhD (RO) – <b>works 27-39</b>  Prof. <b>Luis Carrasco</b> PhD (ES)  Assoc. Prof. <b>Florin Cazan</b> PhD (RO)</p>
1.	Dan Gheorghe Mirșidan	The Opinion Of High School Students On The Development Of The Game Of Handball In The Physical Education And Sports Lesson
2.	Corina Popa Virgil Ene-Voiculescu	Aspects Regarding The Positive Influence Of Games In The Physical Education Lesson
3.	Ionel Melenco Florin Teodor Dragoș Florin Cazan Cristian Popa	Improvement Of The Practice, Recreation And Exercise Center For Students Of „Ovidius” University In Constanta In The Post-Pandemic Context
4.	Alex-Paul Seciu Virgil Ene Voiculescu	The Role Of Proprioceptive Structures In Improving Training In A Handball Game At Junior Ii Male Players
5.	Roxana-Nicoleta Popa Virgil Ene-Voiculescu	Prophylaxis Of Injuries In The Youth Handball Game (Female) 16-18 Years Old With The Help Of Physical Therapy

6.	Silviu-Ioan Pavel Vasile Cătălin Ciocan Constantin Șufaru Nicolae Lucian Voinea Marius Zamfir George Cosmin Damian	Training Speed In Middle School Students During Physical Education And Sports Lessons
7.	Silviu-Ioan Pavel Vasile Cătălin Ciocan Constantin Șufaru Nicolae Lucian Voinea Marius Zamfir George Cosmin Damian	Analysis And Development Of Attention In Middle School Students During Physical Education And Sports Lessons
8.	Luminița-Magda Cazan	The Development Of Balance In Students With Disorders Of A Mental Nature Or Borderline Intellect In Physical Education Lessons In Mass Schools, The High School Cycle
9.	Bogdan Ionuț Tanasă	Evaluation Of The Impact Of The Experimental Program With Badminton Means On The Motor Skills Of Secondary School Students
10.	Gabriela Tomescu Valeria Bălan Andreea Mihăescu Mihaela Zahiu	Aquagym - Advantages Of Practicing Gymnastics In The Aquatic Environment
11.	Mihai Șandra Cristina Nicoleta Abodi Gheorghe Codruț Bulz Tudor Caciora Marius Alin Marinău	Aspects Regarding The Development Of Speed, Agility And Strength For Middle School Students
12.	Adrian Lungu Elena Vizitiu Lakhdari	Evaluation Of The Impact Of Hybrid Education Compared To Traditional Education On The Motor Outcomes Of Secondary School Students
13.	Luminița Eugenia Avram Elena Vizitiu Lakhdari	The Impact Of Management On School Physical Education Through The Implementation Of An Optional Sports Branch
14.	Gheorghe Agache Elena Vizitiu Lakhdari	Study On Improving The Intellectual Endurance Of Students Who Practice Chess In Secondary School Through Physical Education
15.	Cristian-Corneliu Drăgoi Mihai-Adrian Sava Roxana-Elena Drăgoi	Study On The Education Of Balance Through The Use Of Throwing Exercises At The Level Of 3rd Grade Students
16.	Petruța Alina Țurcanu Elena Vizitiu Lakhdari	The Impact Of The Integration Of Information Technology In Physical Education Classes On The Training Of Primary School Students
17.	Aurelian Gheorghiu Cristian Petronel Moisescu	The Role Of Physical Education In The Development Of Psychomotrics In Primary School Children
18.	Aurel Alecu Florin Cojanu Paul Florinel Visan	Evaluating The Effectiveness Of Movement Games For Developing Motor Skills In Children Aged 7-12
19.	Petronel Cristian Moisescu Aurelian Gheorghiu	Differentiated Motivation According To Gender And Environment In Physical Education
20.	Adriana Ljubojević Tamara Karalić Kristina Pantelić Babić	Assessing Gender Perception Of Sports Among School-Aged Children: A Pilot Study
21.	Inmaculada Martínez-Díaz Luis Carrasco	Practical And Utility-Based Learning In The Training Of Future Physical Education Teachers An Experience In The University Context



22.	Albert-Sebastian Cîrdei Florin Valentin Leuciuc	The Importance And Challenges Of Physical Education In The Development Of Students' Psychomotor Skills
23.	Liliana Mihăilescu Viorel Boțilă Ion-Sebastian Enache	A Study Of Current Trends In Motor Capacity Levels Of High School Students
24.	Jaromir Sedlacek Martin Zvonar Gheorghe Balint Pavel Ruzbarsky	Explanation Of 400 M Hurdling By Factors Of Strength And Flexibility Readiness
25.	Miguel Ángel Ortega Zayas Carlos Castellar Otín Emilio José Royo Ortín Francisco Pradas de la Fuente	Racket Sports In Physical Education: A Systematic Review On The Use Of Table Tennis As An Educational Content
26.	Andreea Mihăescu Pierre Joseph De Hillerin	The Importance Of Physical Education During The Learning Process, In Order To Integrate Into The Labor Market
27.	Bogdan Chepea Paul-Bogdan Chiriac Florin Neferu Robert Eduard Sakizlian	Improving Students' Coordination Capacities By Approaching Sports Games In The Physical Education Lesson
28.	Ľuboslav Šiška Peter Kiša Gheorghe Balint	The Relationship Between Conditioning Parameters In Young Football Players – <i>Poster presentation</i>
29.	Mădălina-Gabriela Coman Andreea-Maria Adam Carmen Gheorghe Mircea-Dan Mocanu	Study On The Importance Of Body Composition Among Young People And How It Can Be Determined - <i>Poster presentation</i>
30.	Bogdan-Constantin Rață Marinela Rață	The Influence Of Movement Games In Improving Speed, In The Physical Education Lesson, At Primary School Students - <i>Poster presentation</i>
31.	Marinela Rață Bogdan-Constantin Rață Gloria Rață Liliana Măță	The Concordance Between Motor And Cognitive Development In Preschoolers Through Exercise - <i>Poster presentation</i>
32.	Diana Victoria Gidu Florin Cazan Florin Voinea Petronela Paraschiv Oana Verona Constantinescu George Cosmin Mușat	The Positive Effects Of Practicing Fitness On The Body Composition Of Secondary School Students - <i>Poster presentation</i>
33.	Diana Victoria Gidu George Cosmin Mușat Daniela Nicoleta Calotă Antoanela Oltean Ciprian Paraschiv Adrian Dorin Georgescu	Strength Development Through Means Specific To The Soccer Game In 7 Th Grade Students - <i>Poster presentation</i>
34.	Aurel Alecu Florin Cojanu George Octavian Naiba	Identification Of The Biometric Potential In Middle School Students With A Vocational Sports Profile In Kayaking And Canoeing Through The Evaluation Of Their Coordinative Capacity - <i>Poster presentation</i>

35.	Cătălin Ciocan Vasile Lucian Voinea Nicolae Silviu Ioan Pavel Edi Setiawan Singh Vikas Constantin Șufaru	Study On The Physical Training Of Juniors 3 On The Position Of Forward In The Game Of Basketball - <i>Poster presentation</i>
36.	Cătălin Ciocan Vasile Lucian Nicolae Voinea Silviu Ioan Pavel Edi Setiawan Singh Vikas Constantin Șufaru	Study Regarding The Education Of Skill Through Specific Means Of The Basketball Game In Lower Secondary Students - <i>Poster presentation</i>
37.	Constantin Șufaru Toni-Sebastian Rojniță Nicolae-Lucian Voinea Vasile-Cătălin Ciocan Silviu-Ioan Pavel	Development Of Coordinative Qualities In 2nd Grade Students With The Help Of Movement Games - <i>Poster presentation</i>
38.	Cătălin Vasile Savu Aurelian Gheorghiu Andreea Georgiana Dobre	Study On The Improvement Of The Correlation Technique To The Students Who Are Members Of The School Football Team In Secondary School - <i>Poster presentation</i>
39.	Cătălin Vasile Savu Aurelian Gheorghiu Andreea Georgiana Dobre	Study On The Role Of Possession Games In Improving The Physical Training Of Students Who Make Up The Student Football Team - <i>Poster presentation</i>

### ATHLETIC AND MOTOR PERFORMANCE - Hall D 317

No.	Authors	Title of the Paper
	<b>Moderators</b>	Prof. <b>Radu Ababei</b> PhD (RO) – <b>works 1-18</b> Prof. <b>Nikola Aksović</b> PhD (RS) Prof. <b>Adin-Marian Cojocaru</b> PhD. (RO)  Assoc. Prof. <b>Constantin Șufaru</b> PhD (RO) – <b>works 19-37</b> Prof. <b>Umut Canli</b> PhD (TR) Prof. <b>Alin Larion</b> PhD (RO)  Assoc. Prof. <b>Vasile-Cătălin Ciocan</b> PhD (RO) – <b>works 38-56</b> Prof. <b>Veroljub Stanković</b> PhD (RS) Prof. <b>Emilia Florina Grosu</b> PhD (RO)
1.	Amelia Elena Stan Teodora Dominteanu Marius Dumitru Dima Cristi Țărtăreanu	Effects Of Backstroke Leg Training For Freestyle Improvement: A Case Study In Cadet Swimmers
2.	Ratko Pavlović Vuković Aleksa Dan Iulian Alexe	Model Characteristics Of Morphological Indicators Of The Body Composition Of Ski Nordic Skier: Case Study
3.	Victor Buftea Tatiana Dobrescu Gheorghe Braniște	Work Capacity And Individual Differences Of Elite Gymnasts In The Pre-Competitive Period
4.	Julien-Narcis Herlo Claudiu Octavian Bulzan	Effects Of The Weider Principle Of Supersets On Muscle Hypertrophy In Advanced Category Of Bodybuilders

5.	Claudiu Octavian Bulzan Julien-Narcis Herlo	Methods And Means Regarding The Selection And Initiation Into The Football Game Of Primary School Children (6-8 Years Old)
6.	Umut Canli Constantin Șufaru Dan Iulian Alexe Cristina Ioana Alexe	The Effect Of Coordination-Based Exercise Program On Physical Fitness, Motor Competence, And Executive Function In Pre-School Aged Children
7.	Miruna Felicia Moroianu Rodica - Georgeta Culea	The Role Of Parents In The Sports Activity Of Performance Junior Swimmers
8.	Ion Bogdan Chepea Monica Delia Bică Ion Bogdan Chivu Robert Eduard Sakizlian	Structural Morphofunctional Foot In Children With Cerebral Palsy
9.	Robert Eduard Sakizlian Monica Delia Bică Daniel Iacob Chivu Ion Bogdan Chepea	Aspects Of The Biomechanical Analysis Of The Upper Limb In Handball
10.	Bogdan Chepea Sakizlian Robert Eduard	Aspects Concerning The Correlation Between The Specific And Complementary Trainings At Handball Players
11.	Alexandru Abramiuc Carmen Ene-Voiculescu Virgil Ene-Voiculescu Horia Croitoru	The Role Of Functional Capacity In Training Athletes From The Naval Pentathlon Seamanship Race
12.	Răducu Popescu Sorin Trancă Daniel Duță Antoanela Oltean	The Importance Of Individual Physical Preparation Of Students For The Formation Of The Demonstration Capacity In Rugby Play
13.	David-Iustin Năstase Alin Larion	The Role Of Surfaces In Optimizing Performance In Sports Training
14.	Valerică Ioniță Luminița Georgescu Ștefan Toma	The Importance Of Body Composition From The Perspective Of High-Performance Judo Athletes
15.	Valerică Ioniță Luminița Georgescu Ștefan Toma	The Importance Of Body Composition In The Training Of Judo Athletes, From The Perspective Of Specialists Integrated Into The Performance System
16.	Nikola Aksović Radenko Arsenijević Nikola Utvić Ljubiša Lilić Veroljub Stanković Saša Bubanj	Enhancing Motor Abilities In Basketball Players Through Complex Training: A Systematic Review
17.	Rym Baccouch Rihab Borji Dan Iulian Alexe Elena Adelina Panaet Cristina Ioana Alexe	Unipedal Postural Balance And Attentional Capacities In 5-6-Year-Old Children: Effects Of Tennis Versus Swimming Training
18.	Alexandru Acsinte	Backs And Line Players Efficiency In Young Age Category Ehf Competitions
19.	Alexandru Acsinte	Comparative Study Of All Star Teams Players Efficiency In Young Age Category Ehf Competitions

20.	Ionuț Crăciun Mirela Ștef Alexandru Huțanu Marius Alin Marinău Paul Florin Dragoș	Effects Of Exercise Variation In Muscle Thickness To Improve Muscle Strength
21.	Milan Marković Lazar Toskić Filip Kukić Ivan Zarić Veroljub Stanković Radenko Arsenijević	Reliability And Sensitivity Of Enode/Vmaxpro Sensor For Muscle Power Assessment
22.	Radenko Arsenijević Bogdan Trikoš Filip Kojić Lazar Toskić Milan Marković Nikola Utvić Nikola Aksović Veroljub Stanković	Impact Of The Rest Period Duration And Breathing Techniques On Session Rpe In Elite Kumite-Karate Athletes
23.	Mihai-Adrian Sava Gabriel Marian Manolache Liliana Nanu Cristian-Corneliu Drăgoi	Instructional Strategies Regarding The Optimization Of Psychological Preparation Of Distributive Attention In Judo
24.	Pamela Patanè Fabio Re Edoardo Sturaro Lorenzo Cortese Luca Marin	Acute Effects Of A Mototherapy Session On The Explosive Strength Of Six People Living With Neurodivergence. Explorative Study
25.	Adin-Marian Cojocaru Marilena Cojocaru Sabri Jari	Optimizing The Sports Performance Of U20 Junior Volleyball Players After Applying A Program Based On The Development Of Physical Skills
26.	Nikola Utvić Radenko Arsenijević Nikola Aksović Ljubiša Lilić Veroljub Stanković	Training Programs For Loss Of Fat Tissue And Changes In Body Composition In Obese Individuals: A Systematic Review
27.	Luis Carrasco Inmaculada Martínez-Díaz	Cortisol And Cardiovascular Responses To A Single Bout Of High-Intensity Interval Training
28.	Tatiana Dobrescu Adriana Slusar Elena Vizitiu Lakhdari	Study Regarding Determination Of Body Composition Using The Tanita Apparatus In People Aged Between 20 And 30 Years
29.	Nicola Mancini Emilia Florina Grosu Dario Colella Grosu Vlad Teodor Siria Mancini Tatiana Dobrescu	Cognitive Motor Test And Coordination Quickness Test: Differences Between Boys And Girls In Multisport
30.	Ștefan Moroșanu Vlad Teodor Grosu Nicola Mancinia Tatiana Dobrescu	Using Virtual Reality For Motor And Psychomotor Skill Development: A Systematic Review

31.	George Cosmin Damian Silviu Ioan Pavel Sarı Onur	Improvement Of Technical Skills Of Football Players U13
32.	George Cosmin Damian Radu-Ștefan Moldovanu Gabriel Zaharia Silviu Ioan Pavel	Development Of Lower Limb Muscle Strength Through The Implementation Of A Plyometric Program For 7th Grade Students
33.	Gabriel Stanică Lupu Samuel Trăscaoanu	Study On The Influence Of Nutrition And Variety Of Training Methods In Performance Bodybuilding
34.	Larisa Rada Adriana Mateescu Aurelia Cristina Macri Elena Luminița Amzar	Exploring The Mechanisms And Strategies For Muscular Hypertrophy: Implications For Resistance Training And Performance Enhancement
35.	Larisa Rada Adriana Mateescu Aurelia Cristina Macri Elena Luminița Amzar	Enhancing Junior Football Players' Specific Physical Development With Plyometric Training Method
36.	Radu Ababei Cătălina Ababei Anișoara Sandovici	Study On The Coach-Parent-Athlete Relationship In The Children's Sections Of Private Football Clubs
37.	Raluca Maria Costache Adina Geambașu Andreea Ionel Aurora Mihalcea	Physical Training In Performance Bobsleigh - <i>Poster presentation</i>
38.	Nikola Radulović Ratko Pavlović Ilona Mihajlović Siniša Nikolić Umut Canli Dan Iulian Alexe	Force Of Arm Muscles In Recreational Athlets - <i>Poster presentation</i>
39.	Andreea-Mihaela Albină Germina-Alina Cosma Elena-Daniela Badea Andreea-Aurora-Maria Buga	Ascertaining Study On The Differences Recorded Between The Lower Limbs Of Junior Athletes Using The Isoinertial Training Method: Effects On Speed, Motion Range, Power And Force - <i>Poster presentation</i>
40.	Nicoleta Tudorică Antoanela Oltean Marian Dragomir Adrian Dorin Georgescu	The Opinions Of Coaches And Athletes Regarding The Importance Of Physical Training In The Game Of Handball At The Senior Level By Applying A Questionnaire - <i>Poster presentation</i>
41.	Nicoleta Tudorică Marian Dragomir Adrian Dorin Georgescu	Ways To Analyze Physical Training At The Level Of Senior Handball Players In The National Women's League - <i>Poster presentation</i>
42.	Bojan Bjelica Milan Zelenovic Tatiana Dobrescu Vanja Cicovic Dan Iulian Alexe	Virtual Group Fitness Trainings And Their Effectiveness - <i>Poster presentation</i>
43.	Nicolae-Lucian Voinea Constantin Șufaru Silviu-Ioan Pavel Marius Zamfir Vasile-Cătălin Ciocan	Analysis Of Serve Reception Based On The Level Of Men's Volleyball Teams - <i>Poster presentation</i>



44.	Nicolae-Lucian Voinea Constantin Șufăru Silviu-Ioan Pavel Marius Zamfir Vasile-Cătălin Ciocan	The Importance Of Attacking In Achieving Victory In Men's Volleyball Teams - <i>Poster presentation</i>
45.	Okba Selmi Blel Aydi Mohamed Amine Rahmouni Lăcrămioara-Nicoleta Vițalaru Dan Iulian Alexe	Effects Of Small-Sided Games Versus High-Intensity Interval Training The Physical Enjoyment Among Women Soccer - <i>Poster presentation</i>
46.	Costina Piperea Marian Dragomir	Developing Strength In The Game Of Basketball Using Specific Means And Methods - <i>Poster presentation</i>
47.	Andreea- Maria Tacsă Adela Bădău	The Importance Of Using Aqua-Fit Sports Equipment In The Physical Education Lesson Of Students - <i>Poster presentation</i>
48.	Dana Bădău Mircea Ciprian Ungur	The Role Of Proprioception In Improving Sports Ability In Mini-Football - <i>Poster presentation</i>
49.	Mariana Kotzamanidou Evangelia Merkou Dragoș Ioan Tohănean Vassilios Panoutsakopoulos	Intratest Reliability Regarding The Kinetic Parameters Of The Vertical Jump Tests Used To Assess The Eccentric Utilization Ratio In Greek Male U14 Handball Players - <i>Poster presentation</i>
50.	Vassilios Panoutsakopoulos Evangelia Merkou Mariana Kotzamanidou Iulian Dan Alexe	Hurdle Clearance Planar Kinematics: Men Vs. Women Differences In Greek Physical Education Teacher Education Students - <i>Poster presentation</i>
51.	Norbert Trandafir Silvia Teodorescu Ovidiu Galeru	Aspects Of The Impact Of Respiratory Efficiency On Performance In Triathletes - <i>Poster presentation</i>
52.	Gabriela Iuliana Cazac Maria Daniela Crăciun Florin Valentin Leuciuc	Dynamic Analysis Of Lateral Muscle Asymmetry In Junior Handball Players - <i>Poster presentation</i>
53.	Sabri Jari Adin-Marian Cojocaru Marilena Cojocaru	The Effects Of Repeat Sprint Fatigue And Altered Neuromuscular Performance In Recreationally Trained Senior Swimmers - <i>Poster presentation</i>
54.	Ion Carp Igor Arsene	Insights For Teaching "Ecology Of Physical Culture And Sport" In Sports- Related Institutions - <i>Poster presentation</i>
55.	Janina-Maria Gherdan Alin Larion	The Structural Dynamics, Benefits, And Best Practices Of Basketball Training Camps: An Academic Exploration - <i>Poster presentation</i>
56.	Carmina Mihaela Gorgan Gheorghe Sabău Mihaela Pascu Teodora Mihaela Jercălu Cătălin Vasile Ciocan	Study On The Level Of Sports Performance Correlated With The Level Of Motivation - <i>Poster presentation</i>

## PHYSICAL THERAPY - Hall D 323

No.	Authors	Title of the Paper
	<b>Moderators</b>	<p>Assoc. Prof. <b>Cristina-Elena Stoica</b> PhD (RO) - <b>works 1-10</b>  Prof. <b>Ion Carp</b> PhD (MD)  Assoc. Prof. <b>Maria Daniela Crăciun</b> PhD (RO)</p> <p>Assoc. Prof. <b>Nela-Tatiana Balint</b> PhD (RO) – <b>works 11-19</b>  Prof. <b>Martin Zvonar</b> PhD (SK)  Prof. <b>Laurențiu Gabriel Talaghir</b> PhD (RO)</p>
1.	Mokzan Pascal	Presentation Of The Autun HOSPITAL And The Integration Of The Hospital Center In The Region
2.	Mihai-Adrian Sava Dănuț Roșca Mokzan Pascal Narcisa Lazar Dana Maria Ciocan	Physiotherapy Intervention Within The Multidisciplinary Team In The French Public Medical System
3.	Amelia Elena Stan Teodora Dominteanu Marius Dumitru Dima	A Systematic Review Of Aquatic Exercises, Considered To Be The Best Way To Maintain A Healthy Life
4.	Daniela Denisa Sakizlian Tiberiu Tătaru Paula Tătaru Andreea Popescu	Recovery Technics In The Cerebral Ischemic Infarct In Spastic Phase
5.	Daniela Denisa Sakizlian Andreea Popescu Paula Tătaru Tiberiu Tătaru	Methods And Techniques For Recovering Capsulo-Ligamental Knee Trauma
6.	Cicovic Vanja Bjelica Bojan Pavlovic Bojan Milanovic Lalovic Ljubica	Utilizing Physical Activities To Prevent And Correct Flat Feet
7.	Adelina Scheuleac Elena Vizitiu Lakhdari	The Impact Of Spinning On Menopausal People With Metabolic Syndrome
8.	Adriana Slusar Elena Vizitiu Lakhdari	The Impact Of Therapeutic Swimming On Combating Obesity Among High School Students
9.	Laurențiu-Gabriel Talaghir Daniel Mădălin Coja	The Efficacy Of Virtual Reality In Treating Subacromial Impingement Syndrome
10.	Maria Daniela Crăciun Oana Mihaela Brăiescu Gabriela Iuliana Cazac	Role Of Physiotherapy In Postoperative Recovery Of Patients With Rotator Cuff Tear
11.	Cristina-Elena Stoica Elena-Monica Munteanu Florentina Cristea	The Efficiency Of The Physiotherapeutic Intervention Regarding The Re-Education Of The Abdo-Perineal Pathology
12.	Mihai-Adrian Sava Ioan-Bogdan Pancu Tatiana Dobrescu Ana-Maria Vulpe	The Effectiveness Of Physical Therapy In Non-Specific Cervicalgia In Brazilian Jiu Jitsu Practitioners

13.	Ana Onu Ilie Onu Daniel Andrei Iordan Daniela-Viorelia Matei	The Impact Of High-Intensity Interval Training (Hiit) On Metabolic Syndrome And Heart Rate Variability: A Systematic Literature Review
14.	Marinela Rață Bogdan-Alexandru Antohe Ligia Rusu Ana Onu Alina- Mihaela Cristuță Nela-Tatiana Balint	A Comparative Study Regarding Pulmonary Function Test Among University Students
15.	Ștefan Toma Geanina Toma Ioana Cristina Neagoe Elena Rabolu	Prophylaxis Of Lumbar Overuse Syndrome In The Young Adult
16.	Elena Vizitiu Lakhdari Raluca-Ioana Tanasă Tatiana Dobrescu	The Role Of Hydrokinetotherapy In The Management Of The Metabolic Syndrome In Patients With Schizophrenia-Case Study
17.	Gabriela Ochiană	Study On The Effectiveness Of Neurodynamic Techniques Used In The Treatment Of Lumbosciatics
18.	Aurora Liliana Cojocaru	The Prophylaxis Of Musculoskeletal Disorders In Computer Work Activities - <i>Poster presentation</i>
19.	Cristina-Elena Stoica Cosmin Necula	Effectiveness Of Neuromotor Reeducation Methods In The Treatment Of Post-Stroke Sequelae - <i>Poster presentation</i>
20.	Rubén Sánchez-Gómez Adelina Elena Panaet Dan Iulian Alexe	Medium Gluteus Response To Specific Foot Pronation Orthotics - <i>Without attending</i>

## OCCUPATIONAL THERAPY - *Hall D 318*

No.	Authors	Title of the Paper
	<b>Moderators</b>	Assoc. Prof. <b>Marinela Rață</b> PhD (RO) Prof. <b>Stéphane Mandigout</b> PhD. (FR) Assoc. Prof. <b>Oana Rusu</b> PhD (RO)
1.	Mihaela Anghel	Studies On Craft Activities Identified As Occupational Therapeutic Tools
2.	Gabriela Raveica	Using Client-Centred Approache For Romanian Occupational Therapy Students: A Challenge In A Conservative Society
3.	Oana Rusu	Effects Of Physical And Sports Activities On Sensory Processing In Children With Autism Spectrum Disorder (Asd): A Descriptive Literature Review Effects Of Smartphone Use On Walking Performance In Middle-Aged Women
4.	Anișoara Sandovici Gabriela Raveica Cătălina Ababei Adina-Camelia Șlicaru Ionel-Crinel Raveica Constantin Nechifor	The Impact Of Emotional Intelligence Level On Structuring The Social Perception Of The Occupational Therapist

5.	Luminița Bibire Daniela-Cristina Solomon Roxana-Elena Voicu Daniela Nicuță	Bio-Techno-Economic Environment Factors Impacting The Development Of Soft Skills In Higher Education
6.	Gabriel Mareș Liliana Măț Carmen-Violeta Popescu Ardeleanu Roxana	Positive Psychology In Higher Education – Challenges In The Digital Era
7.	Ioana Boghian Luminița Drugă Petronela Savin Venera-Mihaela Cojocariu	Values Of Traditional Food As A Cultural Educational Resource For Well-Being
8.	Maria Alina Trifescu	School Based Occupational Therapy For Romanian Inclusive Schools - <i>Without attending</i>

### VARIOUS - Hall D 316

No.	Authors	Title of the Paper
	<b>Moderators – assessors</b>	Assoc. Prof. <b>Gabriel Mareș</b> PhD. (RO) – <b>works 1-12</b> Assoc. Prof. <b>Onoi Mihail</b> PhD. (MD) Assoc. Prof. <b>Dragoș Ioan Tohănean</b> PhD (RO)  Prof. <b>Cătălina Ababei</b> PhD. (RO) – <b>works 13-25</b> Assoc. Prof. <b>Carlos Castellar Otín</b> PhD. (ES) Assoc. Prof. <b>Teodora Mihaela Ionomescu</b> PhD (RO)
1.	Maheen Rehmat Arooj Saleem Sahreen Anwar Bogdan-Alexandru Antohe Elena Adelina Panaet Dan Iulian Alexe	The Difference Between The Mulligan Straight Leg Raise Technique And Slump Stretching In Patients With Chronic Low Back Pain And Hamstring Tightness
2.	Perveen Wajida Anwar Sahreen Ilyas Umer Mashood Arif Khawaja Elena Adelina Panaet Dan-Iulian Alexe	Prevalence And Association Of Low Back Pain In Patients With Knee Osteoarthritis; A Single City Study
3.	Camelia-Daniela Plăstoi Monica-Delia Bică Andreea Popescu Camelia Firoiu Florin Neferu	Practicing Swimming As A Free Time Activity And The Contribution Of Using Smartwatches During The Sports Activity In View Of Maintaining An Optimal State Of Health
4.	Camelia-Daniela Plăstoi Monica-Delia Bică Ilie Mihai Daniel Iacob Chivu Paul-Bogdan Chiriac	Wearable Technologies And Their Importance In Facilitating Student Learning Of Swimming Technique

5.	Horia Croitoru Virgil Ene-Voiculescu Carmen Ene-Voiculescu Alexandru Abramiuc	The Body Composition Of The First Year Students From The Mircea Cel Batran Naval Academy
6.	Ionel Melenco Carmen Ene-Voiculescu Cristian Popa	Management And The Senses Of Understanding The Management Activity Of A Sports Organization
7.	Liliana Măță Cristina Cîrțiță-Buzoianu Brîndușa Mariana Amălâncei Venera-Mihaela Cojocariu Gabriel Mareș	Students' Perception Of The Determining Factors Of University Dropout
8.	Gabriel Mareș Venera-Mihaela Cojocariu Cristina Cîrțiță-Buzoianu Brîndușa-Mariana Amălâncei Liliana Măță	Self-Efficacy In Relation To Career Choice
9.	Liliana Măță Brîndușa-Mariana Amălâncei Cristina Cîrțiță-Buzoianu Venera-Mihaela Cojocariu Gabriel Mareș	Implementation Of Inclusive Education In An Academic Environment: A Systematic Review Of Research
10.	Venera-Mihaela Cojocariu Brîndușa-Mariana Amălâncei Gabriel Mareș Cristina Cîrțiță-Buzoianu Liliana Măță	Higher Education Teachers' Attitudes Towards Inclusive Education - A Case Study
11.	Jasna Popović Miloš Popović Tijana Purenović-Ivanović	Relations Of The Body Composition Parameters And Cardiovascular Risk Factors In Female University Students: A Cross-Sectional Study On-Site Of Outdoor Activity Camp
12.	Răducu Popescu Sorin Trancă Daniel Duță Antoanela Oltean	Relationship Between The Modality Of Food Nutrient Selection And The Degree Of Social Exposure Of Menu Products
13.	Raul-Marian Todor	Subsection Of Physical Education Of „Șoimii Carpaților” / „Carpathian Falcons” Organization
14.	Ecaterina Lungu Viorica Calugher Mihail Leonard Ionescu	Health Education – Psychopedagogical Approach
15.	Pompiliu-Nicolae Constantin	40 Years Later: Reconsidering Romania's Participation In The 1984 Olympic Games
16.	Onoi Mihail	The Role Of Sports Tourism In Sustainable Urban Development - <i>Poster presentation</i>
17.	Oana-Cristina Pata	Innovative Method Of Consolidating The Skating Step In A Game Of Our Own Invention, Genericly Called Up-Ball-Skating - <i>Poster presentation</i>



18.	Nenad Stojiljković Zoran Milanović Nemanja Stanković	Three Pillars Of Dual Career - Teachers, Coaches, And Parents - <i>Poster presentation</i>
19.	Dan Iulian Alexe Novri Gazali Dragoș Ioan Tohănean Cristina Ioana Alexe	Exploring Exercise Snacks Research Evidence And Trends: A Bibliometric Analysis And Systematic Literature Review - <i>Poster presentation</i>
20.	Ghada Jouira Dan-Iulian Alexe Teodora Mihaela Iconomescu Laurențiu-Gabriel Talaghir Dragoș Ioan Tohănean Cristina Ioana Alexe	Exploring The Relationship Between Stability And Mobility In Adults With Intellectual Disability - <i>Poster presentation</i>
21.	Barbara Rosolek Dan-Iulian Alexe Krystyna Gawlik Cristina Ioana Alexe Mihai Ilie Anna Zwierzchowska	Effects Of Low Back Pain On Physical Activity And Select Aspects Of Body Build And Posture In Women Aged 60+ - <i>Poster presentation</i>
22.	Dan-Iulian Alexe Mihai Ilie Cristina Ioana Alexe Daniela Camelia Plastoi Ana-Maria Vulpe	The Relationship Between Body Composition, Field Of Study, And Living Environment Among University Students - <i>Poster presentation</i>
23.	Fatma Ben Waer Cristina-Ioana Alexe Maria Cristina Man Dan Iulian Alexe	Time-Of-Day Effects On Cognitive And Functional Performances Among Middle-Aged Women - <i>Poster presentation</i>
24.	Fatma Ben Waer Cristina-Ioana Alexe Maria Cristina Man Dan-Iulian Alexe	Effects Of Smartphone Use On Walking Performance In Middle-Aged Women - <i>Poster presentation</i>
25.	Cristian Dumitru Stanciu Virgil Ene-Voiculescu Marcel Puiu Pomohaci Ioan Hășmășan Daniel Roșu	Adaptation Of Crossfit Training For Contact Sports Judo And Sambo: An Experimental Study On The Impact On Physical Capacities Of Athletes - <i>Poster presentation</i>