



## Conf. univ. dr., Mareș Gabriel

### Lista lucrărilor / activităților reprezentative

A Teza de doctorat			
A1	<i>Rolul educației părinților în recuperarea copiilor cu tulburări din spectrul autist (TSA)</i> <a href="http://www.cnatdcu.ro/wp-content/uploads/2020/12/OMEC_6245_21_12_2020.pdf">http://www.cnatdcu.ro/wp-content/uploads/2020/12/OMEC_6245_21_12_2020.pdf</a>		
B Brevete / invenții			
B1			
C Cărți și capitole în cărți			
1.	<i>Gamification and Inclusion: Challenges of 21st-Century</i>	Mareș, G., & Boghian, I. (2025)	2025, Education Springer Nature Switzerland. eBook-ISBN978-3-031-98390 ISSN2512-1499
2.	<i>The Right to Education for All in the Context of Online Education.</i>	Mareș, G., Cojocariu, VM. (2025)	In: Boghian, I., Mareș, G. (eds) Gamification and Inclusion. Inclusive Learning and Educational Equity, vol 12. Springer, Cham.
3.	<i>An Introduction to Gamification for Inclusive Twenty-First-Century Education</i>	Mareș, G., & Boghian, I. (2025)	2025, Education Springer Nature Switzerland. eBook-ISBN978-3-031-98390 ISSN2512-1499
4.	<i>Using Gamification to Enhance Learning, Reduce Stress, and Promote Inclusion in Academic Online Education.</i>	Boghian, I., Mareș, G., Cojocariu, V. M., & Popescu, C. V. (2025).	In Gamification and Inclusion: Challenges of 21st-Century Education (pp. 207-225). Cham: Springer Nature Switzerland.
5.	<i>Support to Optimise Training in Higher.</i>	Cojocariu, V. M., Nechita, E., Mareș, G., & Măță, L. (2025).	European Higher Education Area 2030: Bridging Realities for Tomorrow's Higher Education, Springer Nature ISBN 9783031751394 <a href="https://library.oapen.org/handle/20.500.12657/100795">https://library.oapen.org/handle/20.500.12657/100795</a>
6.	<i>Pași spre o carieră de succes: ghid de strategii actuale de facilitare a inserției</i>	Cojocariu, V.-M., Măță, L., Mareș, G. (2023).	2023, Editura Presa Universitară Clujeană, Cluj Napoca, ISBN 978-606-37-195-3

	<i>absolvenților pe piața muncii.</i>		
7.	<i>Rolul educației părinților în recuperarea copiilor cu tulburări din spectrul autist</i>	Mareș, G.	2023, Editura TREI, București, ISBN: 978-606-401-768-0,
8.	<i>Educația religioasă în România. Avantaje și interogații, în Paradigma creștină a identității (L. Șoitu, Episcopul Ignatie – coord.)</i>	Cojocariu, VM., Mareș, G.	2022, Editura Universității “Al. I. Cuza” din Iași, ISBN 978-606-714-697-4
9.	<i>Academic Integrity in the Technology-Driven Education Era în Ethical Use of Information Technology in Higher Education</i>	Venera-Mihaela Cojocariu, Gabriel Mareș	2021, Springer, Singapore, eBook ISBN 978-981-16-1951-9 <a href="https://doi.org/10.1007/978-981-16-1951-9">https://doi.org/10.1007/978-981-16-1951-9</a>
10.	<i>Metode de optimizare a procesului educațional în învățământul universitar,</i>	Cojocariu, VM, Danu, M., Mareș, G.	2020, Editura Presa Universitară Clujeană, Cluj-Napoca
11.	<i>Comunicare și consiliere în educație fizică sport și kinetoterapie (reper pentru studenți)</i>	Mareș G.	2020, Presa Universitară Clujeană, Cluj-Napoca, ISBN- 978-606-37-0955-5
12.	<i>Ghid de Incluziune Socială,</i>	Cojocariu, VM, Mareș, G., Cîrțiță-Buzoianu, C.	2019, Presa Universitară Clujeană, Cluj-Napoca ISBN 978-606-37-0661-5
13.	<i>Studiu privind nevoile de servicii în rândul părinților copiilor și tinerilor cu TSA,</i>	Mareș, G. & Toth, A.	2015, Romanian Angel Appeal, București ISBN 987-983-0-19173-8
14.	<i>MENTORING in RPL. European Perspectives,</i>	Eddie Higgins (coord),	Cluj-Napoca: Casa Cărții de Știință, e-ISBN 978-606-17-1480-3
15.	<i>Forming the Creative Skills in the Physical Education and Sports Students</i>	Rață G., Rață B., C., Rață M., Mareș G.	Editura Cambridge Scholars Publishing, Londra ISBN (10): 14438-4524-8 / ISBN (13): 978-14438-4524-3
16.	<i>Metode de instruire pentru dezvoltarea abilităților de viață la clasă,</i>	Belciu, M-E., Demenenco, D., Hinț, S., Lăcătușu, M., Mareș, G., Mighiu, C., Mișu,	Ed. Paralela 45, Pitești, ISBN 978-973-47-1330-1

		S., Mustață, A., Popescu, A., Popescu, A., Vlasie, E.M.	
<b>Articole în extenso, publicate în reviste din fluxul științific internațional principal</b>			
1.	<i>Higher Education Teachers' Attitudes towards Inclusive Education</i>	Cojocariu, V.-M., Amălânței, B.-M., <b>Mareș, G.</b> , Cîrțiță-Buzoianu, C., & Măță, L. (2025).	<i>Revista Romaneasca Pentru Educatie Multidimensionala</i> , 17(1), 33-53. <a href="https://doi.org/10.18662/rrem/17.1/940">https://doi.org/10.18662/rrem/17.1/940</a>
2.	<i>Self-efficacy in Relation to Career Decision-Making</i>	<b>Mares, G.</b> , Cojocariu, V. M., Cîrțiță-Buzoianu, C., Amălânței, B. M., & Măță, L. (2025).	<i>Revista Romaneasca pentru Educatie Multidimensionala</i> , 17(1), 180-197. DOI: <a href="https://doi.org/10.18662/rrem/17.1/946">https://doi.org/10.18662/rrem/17.1/946</a>
3.	<i>Effects of Myofascial Release Technique along with Cognitive Behavior Therapy in University Students with Chronic Neck Pain and Forward Head Posture: A Randomized Clinical Trial</i>	Anwar S, Zahid J, Alexe CI, Ghazi A, <b>Mareș G</b> , Sheraz Z, Sanchez-Gomez R, Perveen W, Alexe DI, Gasibat Q	<i>Behavioral Sciences</i> . 2024; 14(3):205. <a href="https://doi.org/10.3390/bs14030205">https://doi.org/10.3390/bs14030205</a>
4.	<i>Students' Perceptions on Online Teaching and Learning in Higher Education</i>	Măță, L., Cîrțiță-Buzoianu, C., Cojocariu, V.-M., <b>Mareș, G.</b> , & Amălânței, B.-M.	<i>Revista Romaneasca Pentru Educatie Multidimensionala</i> , 16(1), 623-644. <a href="https://doi.org/10.18662/rrem/16.1/841">https://doi.org/10.18662/rrem/16.1/841</a>
5.	<i>Students' Perception of the Determining Factors of University Dropout</i>	Mata, L., Cirtita-Buzoianu, C., Amalanței, B.-M., Cojocariu, V.-M., & <b>Mares, G.</b>	<i>Romaneasca Pentru Educatie Multidimensionala</i> , 16(4), 127-153. <a href="https://doi.org/10.18662/rrem/16.4/910">https://doi.org/10.18662/rrem/16.4/910</a>
6.	<i>Social Inclusion Attitude, an Insight among Teachers from Disadvantaged Areas</i>	MARES, G., Cojocariu, V.-M., Cîrțiță-Buzoianu, C., Amălânței, B.-M., & Măță, L.	<i>Revista Romaneasca Pentru Educatie Multidimensionala</i> , 16(1), 429-448. <a href="https://doi.org/10.18662/rrem/16.1/830">https://doi.org/10.18662/rrem/16.1/830</a>
7.	<i>Social Inclusion of Students from Disadvantaged Backgrounds: New Strategic Approaches to Educational Counselling and Communication</i>	Cîrțiță-Buzoianu, C., Mareș, G., Cojocariu, M., & Amălânței, B.-M	<i>Revista Romaneasca Pentru Educatie Multidimensionala</i> , 2023, 15(1), 482-504. <a href="https://doi.org/10.18662/rrem/15.1/707">https://doi.org/10.18662/rrem/15.1/707</a>
8.	<i>Effects of Smartphone Activities on Postural Balance in Adolescents</i>	Jouira G, Alexe CI, Herlo JN, Moraru CE,	<i>Children</i> . 2023; 10(11):1810. <a href="https://doi.org/10.3390/children10111810">https://doi.org/10.3390/children10111810</a>

	<i>with Intellectual Disabilities</i>	Bogdan M, Alexe DI, Mareş G, Sahli S.	
9.	<i>Validity and reliability evidence for the Behavioral Regulation in Sport Questionnaire with Romanian professional athletes</i>	Cristina Ioana Alexe, Dan Iulian Alexe, Gabriel Mareş, Dragoş Ioan Tohănean, Ioan Turcu, Rafael Burgueño	<i>PeerJ</i> , 2022, Volume 10, Pp. 341-345 PeerJ 10:e12803 <a href="https://doi.org/10.7717/peerj.12803">https://doi.org/10.7717/peerj.12803</a>
10.	<i>Challenges in the Career Decision Process for Teenagers from Disadvantaged Areas.</i>	Mareş, G., Cojocariu, V.-M., & Cîrţiţă-Buzoianu, C.	<i>Revista Romaneasca Pentru Educatie Multidimensionala</i> , 2022, Volume 14, Issue 1, Pp. 388-405. <a href="https://lumenpublishing.com/journals/index.php/rrem/article/view/4853">https://lumenpublishing.com/journals/index.php/rrem/article/view/4853</a>
11.	<i>Psychometric Assessment of the Need Satisfaction and Frustration Scale with Professional Romanian Athletes</i>	Alexe, DI; Abalasei, BA; Mares, G; Rata, BC; Iconomescu, TM; Mitrache, G ; Burgueno, R	INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH, 2022, Volume, 19, Issue, 3, eISSN 1660-460, <a href="https://www.mdpi.com/1660-4601/19/3/1696">https://www.mdpi.com/1660-4601/19/3/1696</a>
12.	<i>Making Career Decisions in the Context of the COVID-19 Pandemic. An Analysis of Disadvantaged Student Groups</i>	Mares, Gabriel, Cojocariu, Venera-Mihaela, Cirtita-Buzoianu, Cristina	<i>Postmodern Openings</i> 2021, Volume 12, Issue 1, Pp. 328-346, <a href="https://lumenpublishing.com/journals/index.php/po/article/view/3700">https://lumenpublishing.com/journals/index.php/po/article/view/3700</a>
13.	<i>Motivational Essay - A Useful Tool in Career Choice?</i>	Cirtita-Buzoianu, C; Cojocariu, VM ; Mares, G	<i>Postmodern Openings</i> , 2021, Volume 12, Issue 4, Pp. 42-6, <a href="https://lumenpublishing.com/journals/index.php/po/article/view/4816">https://lumenpublishing.com/journals/index.php/po/article/view/4816</a>
14.	<i>Pedagogical essay – a useful tool to practice reflexive thinking in higher education</i>	Cojocariu V.-M., Mares G.,	<i>Journal of Educational Sciences&amp;Psychology</i> , Volum IX, No. 1/ 2019, ISSN 2247-6377, ISSN (online) 2247 – 8558, p.22-28, <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000467842300005">https://www.webofscience.com/wos/woscc/full-record/WOS:000467842300005</a>
15.	<i>Opportunities and Difficulties in Conducting Internships</i>	Cojocariu, VM., Cîrţiţă-Buzoianu C., Mareş G.	<i>Postmodern Openings / Deschideri Postmoderne</i> . Jun 2019, Vol. 10 Issue 2, p1-27. 27p.

	<i>in Higher Education from the Employers' Perspective,</i>		<a href="https://lumenpublishing.com/journals/index.php/po/article/view/1457/pdf">https://lumenpublishing.com/journals/index.php/po/article/view/1457/pdf</a>
16.	<i>Motivational-Affective Responses Identified by Means of the Pedagogical Diary in the Initial Training of Teachers</i>	Cojocariu, VM., Mareş, G.	BRAIN. Broad Research in Artificial Intelligence and Neuroscience Volume 9, Issue 3, 2018, p. 98-105, ISSN 2067-3957 (online), ISSN 2068 - 0473 <a href="https://www.edusoft.ro/brain/index.php/brain/article/view/845">https://www.edusoft.ro/brain/index.php/brain/article/view/845</a>
17.	<i>Study Regarding the Order of Psychological Processes and the Importance of the Psychological Factors of High Performance for the Sports Branch Karate.</i>	Rata, G., Dobrescu, T., Rata, B., C., Rata, M., & Mares, G.	Procedia WOS - Social and Behavioral Sciences, Volume 84, Volume 84, 2013, Pages 1228-1232, ISSN 1877-0428, <a href="https://doi.org/10.1016/j.sbspro.2013.06.734">https://doi.org/10.1016/j.sbspro.2013.06.734</a> . ( <a href="http://www.sciencedirect.com/science/article/pii/S1877042813018089">http://www.sciencedirect.com/science/article/pii/S1877042813018089</a> )

### **E Articole în extenso, publicate în volumele unor conferințe internaționale**

1.	<i>Students' Perceptions on Online Teaching and Learning in Higher Education</i>	Măță, L., Cîrțiță-Buzoianu, C., Cojocariu, V.-M., Mareş, G., & Amălăncei, B.-M.	Revista Romaneasca Pentru Educatie Multidimensionala, 16(1), 623-644. <a href="https://doi.org/10.18662/rrem/16.1/841">https://doi.org/10.18662/rrem/16.1/841</a>
2.	<i>Social Inclusion Attitude, an Insight among Teachers from Disadvantaged Areas.</i>	MARES, G., Cojocariu, V.-M., Cîrțiță-Buzoianu, C., Amălăncei, B.-M., & Măță, L.	Revista Romaneasca Pentru Educatie Multidimensionala, 16(1), 429-448. <a href="https://doi.org/10.18662/rrem/16.1/830">https://doi.org/10.18662/rrem/16.1/830</a>
3.	<i>Illustrations of Best Practices in Building Creativity Skills</i>	Boghian, I., Cojocariu, V.-M., Nechita, E., Popescu, C.-V., Măță, L., Mareş, G.	Journal of Innovation in Psychology, Education and Didactics. Journal of Innovation in Psychology, Education and Didactics, 26(1), 87-106. doi:10.29081/JIPED.2022.26.1.08 <a href="https://www.jiped.ro/index.php/jiped/article/view/1022">Microsoft Word - JIPED 26 1 2022 8 (ub.ro)</a>
4.	<i>Students' Expectations Regarding The Impact Of Counseling Activities On Personal Development</i>	C. Cirtita-Buzoianu, V.M. Cojocariu, G. Mares	INTED2020 Proceedings WOS, pp. 1300-1308. doi: <a href="https://doi.org/10.21125/inted.2020.0441">10.21125/inted.2020.0441</a>
5.	<i>Video CV – A Useful Tool For Students' Personal Self-Promotion?</i>	V.M. Cojocariu, C. Cirtita-Buzoianu, G. Mares	INTED2020 Proceedings WOS, pp. 1293-1299. doi: <a href="https://doi.org/10.21125/inted.2020.0440">10.21125/inted.2020.0440</a>
6.	<i>The psychopedagogical dimension of promoting talents - an observative study.</i>	Cretu. C.M., Cojocariu, V.M., Mareş G., Măță, L.	EDU WORLD 2018, The 8th International Conference. The European Proceedings of Social & Behavioural Sciences EpSBS. ISSN: 2357-1330. <a href="https://www.europeanproceedings.com/">https://www.europeanproceedings.com/</a>

			<a href="files/data/article/79/6006/article_79_60_06_pdf_100.pdf">files/data/article/79/6006/article_79_60_06_pdf_100.pdf</a>
7.	<i>Pedagogical diary - a way of identifying some of the values of future primary and preschool teachers, în</i>	Venera-Mihaela Cojocariu, Gabriel Mareş	Proceeding of CIEA, 2018, Editografica: Bologna (Italy), ISBN 978-88-87729-48-1, p. 431-438, <a href="#">Web of Science [v.5.35] - All Databases Full Record (webofknowledge.com)</a>
8.	<i>Sources of information, location and reputation of a university center – key factors for decision-making to be trained as a physical therapist at "Vasile Alecsandri" University of Bacau</i>	Alexe, D.I., Mareş, G., Crăciun, D.,	Analele Universităţii din Oradea, Facultatea de Educaţie Fizică şi Sport, Nr. XXVIII / 2018, pp30-38, ISSN: 2286-2870, E-ISSN 1224-5100, <a href="http://docplayer.net/119705165-Fascicula-educatie-fizica-si-sport.html">http://docplayer.net/119705165-Fascicula-educatie-fizica-si-sport.html</a>
9.	<i>Discrepancies Between the Motivational and the Skill Factor in Choosing the Physical Therapist Profession</i>	Mareş, G.	Vol. XVIII, Issue 2 /2017 G Y M N A S I U M Scientific Journal of Education, Sports, and Health, <a href="https://doi.org/10.29081/gsjesh.2017.18.2.08">https://doi.org/10.29081/gsjesh.2017.18.2.08</a>
10.	<i>Managerial Implications resulted from monitoring the Convergence of University with the Labour Market through a Software Platform,</i>	Cojocariu, V_M., Mareş, G., Anton, D.	Proceeding of the 11 Th International Technology, Education and Development Conference, INTED 2017, Valencia, SPAIN, 06-08.03.2017, INTED Proceedings, ISBN:978-84-617-8491-2, ISSN: 2340-1079, p. 858-868, indexat Conference Proceeding citation Index – ISI Web of Science; <a href="https://library.iated.org/view/COJOCA_RIU2017MAN">https://library.iated.org/view/COJOCA_RIU2017MAN</a>
11.	<i>Study Regarding the Motives of Children Participation in Sport Activities.</i>	Ciocan, D. M., Milon, A., & Mareş, G	Rethinking Social Action. Core Values in Practice (pp. 159-168). Suceava, Romania: LUMEN Proceedings <a href="https://doi.org/10.18662/lumproc.rsacv.p2017.15">https://doi.org/10.18662/lumproc.rsacv.p2017.15</a>
12.	<i>Physical activities role in social inclusion of persons with autistic spectrum disorder</i>	Mareş, G., Ciocan, D. M.,	Proceeding of Globalization and National Identity. Studies on the Strategies of Intercultural Dialogue / ed.: Iulian Boldea - Tîrgu-Mureş: Arhipelag XXI, 2016 (C) Arhipelag XXI Press <a href="https://old.upm.ro/gidni/?pag=GIDNI-03/vol03-Pse">https://old.upm.ro/gidni/?pag=GIDNI-03/vol03-Pse</a>
13.	<i>A Study on the Primary School Teachers' View upon the Essential Factors Determining the (Non)Involvement of the Family in the Education of Primary</i>	Cojocariu, V-M., Mareş, G.	Proceeding-ul The Fourth International Conference on Adult Education, Adult Education in Universities. Local and Regional Perspectives, Sunday 27th – Wednesday 30th April 2014 Iasi, Romania, Procedia - Social and Behavioral Sciences, ISSN: 1877-0428

	<i>School Students in Romania</i>		(ELSEVIER), Volume 142, 14 August 2014, Pages 653–659, <a href="http://dx.doi.org/10.1016/j.sbspro.2014.07.681">http://dx.doi.org/10.1016/j.sbspro.2014.07.681</a>
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**F Alte lucrări și contribuții științifice sau activități specifice domeniului**

1.			
2.	The Voice of Employers – their Suggestions for Optimizing the Relationship between the University and the Labor Market	Cojocariu, V.-M., Danu, M.-C., Nechita, E., Cîrțiță-Buzoianu, C., & Mareș, G.	2024. Studies and Scientific Researches. Economics. Edition, 40. <a href="https://doi.org/10.29358/sceco.v0i40.597">https://doi.org/10.29358/sceco.v0i40.597</a>
3.	Mentors' Perception of the Undergraduates' Teaching Practice.	Măță, L., Boghian, I., Cojocariu, V.-M., Mareș, G., & Popescu C.-V	2023 <i>Journal of Innovation in Psychology, Education and Didactics</i> , 27(2), 259-272.
4.	Illustrations of Best Practices in Building Creativity Skills in Adult Learners	Boghian, I., Cojocariu, V.-M., Nechita, E., Popescu, C.-V., Matcă, L., & Mareș, G.	2022 <i>Journal of Innovation in Psychology, Education and Didactics</i> , 26(1), 87-106. doi:10.29081/JIPED.2022.26.1.08.
5.	Happy Power (HaPo) ES01-KA220-HED-000153853	Mareș, G.	Proiect ERASMUS K2

Data  
Martie 2025

Semnătura