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## Lector univ.dr. Sava Mihai-Adrian Lista contribuțiilor științifice și de cercetare

A Teza de doctorat				
A1	Strategii instructionale pentru optimizarea pregătirii psihice la judo DOCTOR ÎN ȘTIINȚE ALE EDUCAȚIEI în cadrul IOSUD, Universitatea din Pitești, ordin de ministru nr. <b>6468 din 100 07.12.2011.</b>			
B Cărți publicate în edituri naționale, recunoscute CNCS, internaționale și capitole în cărți (articole în volumele cu ISBN)				
B1	Teoria și practica judo-ului : curs studii de licență	Sava Mihai-Adrian	Editura: Alma Mater, Bacău 2015. ISBN 978-606-527-367-2	
B2	Optimizarea pregătirii psihice în judo. Considerații teoretice	Sava Mihai-Adrian	Editura: Alma Mater, Bacău 2014. ISBN 978-606-527-338-2	
B3	Teoria și practica judoului - Note de curs	Sava Mihai-Adrian	Editura: Alma Mater, Bacău 2014. ISBN 978-606-527-456-3	
D Articole in-extenso publicate în reviste indexate BDI sau în volumele „proceedings” indexate BDI				
D1	Study regarding the manifestation of the explosive force to students aged 9-11 years old	Sava M.A. Panaitescu A.M	Gymnasium, Scientific Journal of Education, Sports and Health , , Issue 1, Vol. XIX /2018 , Bacău (online) = ISSN 2344 – 5645 ISSN-L 1453-0201 <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/19">http://www.gymnasium.ub.ro/index.php/journal/article/view/19</a>	
D2	Study on the Importance of Attention and Combativity in Competitions at Judoka athletes for 11-13 Years	Sava M.A. Panaitescu A.M.	Gymnasium, Scientific Journal of Education, Sports and Health , , Issue 1, Vol. XVIII /2017 , Bacău (online) = ISSN 2344 – 5645 ISSN-L 1453-0201 <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/18">http://www.gymnasium.ub.ro/index.php/journal/article/view/18</a>	
D3	Study on effectiveness of judo enforcement procedures in combat sports	Sava M.A. Panaitescu A.M.	Gymnasium, Scientific Journal of Education, Sports and Health , , No. 2 Supplement, Vol. XVII /2016 , Bacău (online) = ISSN 2344 – 5645 ISSN-L 1453-0201 <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/42">http://www.gymnasium.ub.ro/index.php/journal/article/view/42</a>	
D4	Study regarding the manifestation of the explosive force to judoka aged 14/16 years	Sava M.A.	Gymnasium, Scientific Journal of Education, Sports and Health , , No. 2 Supplement, Vol. XVI /2015 , Bacău (online) = ISSN 2344 – 5645 ISSN-L 1453-0201 <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/143">http://www.gymnasium.ub.ro/index.php/journal/article/view/143</a>	

Director departament EFPS,  
 Conf. univ. dr. Sufaru Constantin

Prodecan MCSRI,  
 Prof. univ. dr. Tatiana Dobrescu

D5	Study on determining the level of combativity of judoka 11-14 years old	Sava M.A.	<b>Sport și Societate. Revista de Educație Fizică, Sport și Științe Conexe</b> editată de Fundația Altius Academy - Facultatea de Educație Fizică și Sport din Universitatea „Alexandru Ioan Cuza” Iași, vol. 14 Special issue, 31.martie.2014 p-ISSN 1582-2168, <a href="http://www.sportsisocietate.ro/articol/studiu-privind-determinarea-nivelului-combativ-ii-judoka-de-11-14-ani/249">http://www.sportsisocietate.ro/articol/studiu-privind-determinarea-nivelului-combativ-ii-judoka-de-11-14-ani/249</a>
D6	The role of attention in the achievement of sport performance in judo	Mihailescu L, Sava M.A.	3rd World Conference on Psychology, Counselling and Guidance (WCPCG-2012), <b>Scopus</b> and <b>ScienceDirect</b> and submitted to <b>Thomson Reuters Conference Proceedings Citation Index-Science (ISI Web of Science)</b> . ISSN 1877-0428Izmir, Turkey, 2013, <a href="http://www.sciencedirect.com/science/article/pii/S1877042813018119#">http://www.sciencedirect.com/science/article/pii/S1877042813018119#</a>
D7	Study on the opinion of romanian coaches regarding the psychological factor in judo training	Sava M.A. Ciuntea L.,	<b>Sport și Societate. Revista de Educație Fizică, Sport și Științe Conexe</b> editată de Fundația Altius Academy - Facultatea de Educație Fizică și Sport din Universitatea „Alexandru Ioan Cuza” Iași, vol. 13 p-ISSN 1582-2168, 2013 <a href="http://www.sportsisocietate.ro/articol/studiu-privind-opinia-antrenorilor-rom-ni-n-leg-turcu-factorul-psihologic-al-antrenamentului-la-judo/192">http://www.sportsisocietate.ro/articol/studiu-privind-opinia-antrenorilor-rom-ni-n-leg-turcu-factorul-psihologic-al-antrenamentului-la-judo/192</a>
D8	Study regarding the cognitive and motor skills development in the primary school Studiu privind dezvoltarea cognitivă și motrică în învățământul primar	Sava M.A. Sava A., Panaitelescu A.M. Verbuță A.	<b>Gymnasium, Scientific Journal of Education, Sports and Health</b> , ISSN 1453-0201, ISSN-L 1453-0201, Supplement, Vol. XIII, 2012, Bacău
D9	Study regarding the explosive force at free fighting athletes aged 15-16 years old	Ungureanu N, Sava M.A. Panaitelescu A.M.	Scientific report, series Physical education and sport, ISSN: 1453-1194, BDI, Pitesti - 2011 <a href="http://www.sportconference.ro/images/stories/187.Ungureanu.pdf">http://www.sportconference.ro/images/stories/187.Ungureanu.pdf</a>
D10	The methodological conduct regarding the process of education of the capacity of concentrated attention for the 9-13 years old judoka,	Mihailescu L, Sava M.A.	Scientific report, series Physical education and sport, ISSN: 1453-1194 , BDI, Pitesti - 2011 <a href="http://www.sportconference.ro/images/stories/118.Mihilescu Liliانا.pdf">http://www.sportconference.ro/images/stories/118.Mihilescu Liliانا.pdf</a>
D11	Posibilities for determining the role of attention in the achievement in judo performance	Mihailescu L, Rață G. Sava M.A.	<b>Journal of Physical Education and Sport® (JPES)</b> , 11(4), Art 69, pp.449 - 454, 2011 online ISSN: 2247 - 806X; p-ISSN: 2247 – 8051; ISSN - L = 2247 - 8051 , ISSN 1582-8131, © JPES, BDI Pitesti – 2011 <a href="http://efsupit.ro/images/stories/imgs/JPES/2011/12/13Art69.pdf">http://efsupit.ro/images/stories/imgs/JPES/2011/12/13Art69.pdf</a>
D12	Study regarding the students' belief that their chosen professional formation is the right one for them	Rață G. Rață B Rață M Sava M.A.	<b>The Annals of the University „Dunărea de Jos” Galati-2011</b> <a href="http://connection.ebscohost.com/c/articles/87050128/study-regarding-students-belief-that-their-chosen-professional-formation-right-one-them">http://connection.ebscohost.com/c/articles/87050128/study-regarding-students-belief-that-their-chosen-professional-formation-right-one-them</a>

D13	The results dynamics for the little girls' sprint events in the national track and field championship – indoor	Rață B. C. Rață G. Alexe D.I. Rață M. Sava M.A. □	Ovidius University Annals, Series Physical Education and Sport / Science, Movement and health, Vol. XI, ISSUE 2 Supplement, 2011, Constanța <a href="http://www.analefeffs.ro/anale-feffs/2011/issue-2-supplement/paper-abstracts-and-text.pdf">http://www.analefeffs.ro/anale-feffs/2011/issue-2-supplement/paper-abstracts-and-text.pdf</a>
D14	Comparision of times recorded in the 60 m flat and the 60 m hurdles finals at the juniors III national indoor championships 2010 and 2011	Rață B. Rață G. Alexe D. I. Sava M.A.	Jurnal of Physical Education and Sport , Volume 11, Issue 2 ISSN: 1582 - 8131 Pitești 2011 <a href="http://efsupit.ro/images/stories/6.Bogdan_Rata.pdf">http://efsupit.ro/images/stories/6.Bogdan_Rata.pdf</a>
D15	Comparison of the assessment induces values for the vertical take off height in athletes and non athletes	Rata Gloria, Rata B., Rata M., Alexe D., Sava M.A.	Scientific report series physical education and sport ISSN 1453-1194, Pitesti-2010 <a href="http://www.sportconference.ro/images/stories/buletin%20Volumul%201%202010.pdf">http://www.sportconference.ro/images/stories/buletin%20Volumul%201%202010.pdf</a>
D16	Study on the expression of explosive force to judoka athletes aged 11-12 years	Sava M.A. Sava M, Panaitescu A M Ungureanu N	3rd Annual International Conference Physical Education Sport and Health 19 – 20 november ISSN 1453-1194, Pitesti-2010 <a href="http://www.sportconference.ro/images/stories/buletin%20volumul%202%202010.pdf">http://www.sportconference.ro/images/stories/buletin%20volumul%202%202010.pdf</a>
D17	Study regarding the pupils options for performing free time activities in the rural environment	Dobrescu T Sava M.A.	The Annals of the University „Dunărea de Jos” Galați, PHYSICAL EDUCATION AND SPORT MANAGEMENT ISSN 1454-9832, Galați-2009 <a href="http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf">http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf</a>
D18	Study regarding the elaboration of a model of planning the training for handball special classes	Sava M.A. Dobrescu T	The Annals of the University „Dunărea de Jos”, Galați PHYSICAL EDUCATION AND SPORT MANAGEMENT ISSN 1454-9832, Galați-2009 <a href="http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf">http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf</a>
D19	Content of the model for heating at the children players of rugby-age particularities	Ungureanu N. Sava M.A.	Scientific report series physical education and sport, 2nd annual International conference: Physical education, sport and health 20th-22nd of November, ISSN: 1453-1194, Pitesti-2009 <a href="http://www.sportconference.ro/images/stories/buletin%20Vol%20I%202009.pdf">http://www.sportconference.ro/images/stories/buletin%20Vol%20I%202009.pdf</a>
D20	Possibilities to achieve the practise at physical education, classes V-VIII, the third link	Sava M.A. Sava M.	Medicina Sportivă Journal of Romanian Sports Medicine Society, Supplement 2. Physical exercises a complex and modern way to promote healthy living, ISSN 1841-0162,22-25 October, Craiova 2009 <a href="http://cis01.central.ucv.ro/exercitiulfizic/2009/files/program.pdf">http://cis01.central.ucv.ro/exercitiulfizic/2009/files/program.pdf</a>
<b>G Alte lucrări și contribuții științifice</b>			
G1	Study regarding the involvement of the teachers of Physical Education and coaches in the continue preparation.	Sava M.A. Rata Gloria	The National Scientific Conference in the Science of Sport “ The use of the scientific research in the body activities” ISSN: 1842 – 4678, 24 October, Bucharest-2008

G2	The strategy of sport for all development in the community.	Sava M.A.	GYMNASIUM The journal of the Physical Education and Sport „Qualitativ strategies for improving of the academic educational system in a European vision ” Ed. Pim Iasi, ISSN 1453-0201, 28,29.November, Bacau-2008
G3	Sudy on the expression of explosive force to free fighting athletes aged 15-17 years	Sava M.A. Ciuntea L., Sava M., Panaitescu A.M.	Scientific studies and research of human performance within the european education system, May-4-5, ISBN 978-606-527-133-3, Bacau-2011
G4	International scientific conference perspectives in physical education and sport	Şalgău S. Sava M A	Ovidius Universiti Press, ISBN 978-973-614-501-8, Constanta-2010 (Book of Abstracts)
G5	International scientific conference perspectives in physical education and sport	Sava M A	Ovidius University Press, ISBN 978-973-614-501-8, Constanta-2010 (Book of Abstracts)
G6	International scientific conference perspectives in physical education and sport	Sava M A Sava M.	Ovidius Universiti Press, ISBN 978-973-614-501-8, Constanta-2009 (Book of Abstracts)
G7	Study regarding the recreative sport activities in preventing the obesity.	Gorgan C M Sava M A	International Conference of Physical Activity and Sport Sciences, CONTEMPORARY PARADIGMS OF SPORT SCIENCE, Ed. Risoprint, ISBN 978-973-751-926-9, Cluj – Napoca-2008
G8	Study regarding the need of psychologiciall assistance at training and competitions of the junior I athletes in the individual sports and sport games.	Sava M A	The volume of the International Conference „ Creativity and competition, european attributes of scientific and sport manifestation” Ed. „Dunărea de jos” Galați, ISBN 978-973-8937-44-4, Galati-2008
G9	Study Regarding the Development of the Speed of Reaction of Students from the IX-XII Classes.	Sava M A Gorgan C M	The Physical Education and Sport in Educația fizică și sportul în contemporaneity. ISSN 2065-7856, Bucuresti-2009

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