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### Lista lucrărilor științifice

A Teza de doctorat			
A1	<b>Optimizarea condiției fizice oportunitate de creștere a calității vieții studenților din Universitatea „Vasile Alecsandri” din Bacău</b>	IOSUD, Universitatea Națională de Educație Fizică și Sport – București în baza ordinului Ministrului Educației Naționale nr. 165 din 07.04.2014	
B Brevete / invenții			
B1	-		
C Cărți și capitole în cărți			
C1	<b>Gimnastica aerobica în contextul calității vieții</b>	Vulpe Ana-Maria	Editura Risoprint, ISBN: 978-973-53-2409-3 Cluj-Napoca, 2017, 120 p.
D Articole în extenso, publicate în reviste din fluxul științific internațional principal			
D1	<b>Sports Games and Motor Skills in Children, Adolescents and Youth with Intellectual Disabilities</b>	Nikola Aksović, Tatiana Dobrescu, Saša Bubanj, Bojan Bjelica, Filip Milanović, Miodrag Kocić, Milan Zelenović, Marko Radenković, Filip Nurkić, Dejan Nikolić, Jovan Marković, Milena Tomović, <b>Ana-Maria Vulpe</b>	Children 2023, 10(6), 912; Received: 5 April 2023 / Revised: 14 May 2023 / Accepted: 18 May 2023 / Published: 23 May 2023, (This article belongs to the Special Issue Childhood Physical Activity and Health), Volume10Issue6, Article Number 912, Published JUN 2023, Indexed 2023-07-06 <b>Indexing &amp; Abstracting Services:</b> BibCnrs, CNKI, CNPIEC, Digital Science, DOAJ, EBSCO, Elsevier Databases, Scopus, Gale, National Library of Medicine PubMed, PMC, OpenAIRE, ProQuest PSYINDEX, SafetyLit, Web of Science SCIE, Current Contents - Clinical Medicine <a href="https://doi.org/10.3390/children10060912">https://doi.org/10.3390/children10060912</a> <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:001014189500001">https://www.webofscience.com/wos/woscc/full-record/WOS:001014189500001</a>
D2	<b>Efficiency of Aerobic Gymnastics Means regarding the Improvement of Morphological Indices</b>	<b>Vulpe Ana-Maria</b> Dobrescu Tatiana Sava Mihai-Adrian	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, 2022, Volum XXIII, Nr. 1, Aug 2022, Index Copernicus, J-Gate, DOAJ, Ulrich's, EBSCO, ProQuest, Scipio, Crossref, Erih Plus, GoogleScholar, Wordcat ISSN-L 1453-0201, ISSN 2344-5645 <a href="https://gymnasium.ub.ro/index.php/journal/article/view/669/841">https://gymnasium.ub.ro/index.php/journal/article/view/669/841</a>
D3	<b>Study regarding the cognitive and motor skills development at the primary school students</b>	Sava M.A., Dobrescu T, <b>Vulpe A,M</b> , Verbuță A.	<b>GYMNASIUM</b> , [S.l.], v. XXI, n. 2 (Supplement), p. 123-138, june 2020. ISSN 2344-5645. Available at: <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/631/806">http://www.gymnasium.ub.ro/index.php/journal/article/view/631/806</a> <a href="https://doi.org/10.29081/gsjesh.2020.21.2s.10">https://doi.org/10.29081/gsjesh.2020.21.2s.10</a>

<b>D4</b>	<b>Researches regarding the improvement of the functional indices through the use of aerobic gymnastics means</b>	Zaharia A.M.	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, ISSN-L 1453-0201, ISSN 2344-5645, No.,Vol. XVIII/2017, Indexări: Index Copernicus, J-Gate, DOAJ, EBSCO, ProQuest
<b>D5</b>	<b>Study regarding the improvement of the somatic and body harmony development level through aerobic gymnastics means</b>	<b>Vulpe A-M.,</b> Rață G.	Gymnasium - Scientific Journal of Education, Sports and Health, Bacau, ISSN-L 1453-0201, ISSN 2344-5645, No. 2 Supplement,Vol. XVII/2016, pp.107-123, Indexări: Index Copernicus, J-Gate, DOAJ, EBSCO, ProQuest,
<b>D6</b>	<b>The contribution of aerobic gymnastics means to the improvement of motor development indices</b>	Zaharia A.M.	Gymnasium, Scientific Journal of Education, Sports, and Health, ISSN 1453-0201, Vol. XV/, No. 2, 2014, Indexare în Index Copernicus, J-Gate, DOAJ, Ulrich's, EBSCO SPORTDiscurs with Full Text, ProQuest, pp. 224-243
<b>D7</b>	<b>Increasing the quality of life in female adolescents by improving their physical fitness</b>	<b>Zaharia A.M.</b> Rață G.	Ovidius University Annals, Series Physical Education and Sport / Science, Movement and Health, Constanța, ISSN* 2285-777X ISSN-L 2285-777X, Volum XIV, Nr.2, 2014, pp. 327-331
<b>D8</b>	<b>The effects of spinal tractions and kinesio taping in the rehabilitation of scolioses</b>	Dobreci D.L. <b>Zaharia A.M.</b>	Sport and Society, Interdisciplinary Journal of Physical Education and Sports, ISSN 1582-2168 e-ISSN 2344-3693Volum 14 nr. special, 2014, Indexare în EBSCO SPORTSDiscus, DOAJ, PROQUEST Ulrich's, Index Copernicus, Academic Journals Database, Google Scholar, , scipio.ro, pp. 135-142
<b>D9</b>	<b>The effectiveness of aerobic gymnastics means in preventing and fighting obesity</b>	<b>Zaharia A.M.</b> Dobreci D.L.	Gymnasium, Scientific Journal of Education, Sports, and Health, ISSN 2344 – 5645, Vol. XIV, No. 2, 2013, pp. 142-152, Indexări: Index Copernicus, J-Gate, DOAJ, EBSCO, ProQuest
<b>D10</b>	<b>Ways to improve the physical fitness through aerobic gymnastics means</b>	<b>Zaharia A-M.,</b> Rață G.,	Sport and Society, Interdisciplinary Journal of Physical Education and Sports, Iași, ISSN 1582-2168, Volum 13, Nr. 1, 2013, pp. 63-69, Indexare în EBSCO SPORTSDiscus, DOAJ, PROQUEST Ulrich's, Index Copernicus, Academic Journals Database, Google Scholar, scipio.ro
<b>D11</b>	<b>Aspects regarding the contribution of aerobic gymnastics means in influencing the strength indices in teenagers</b>	<b>Zaharia A-M,</b> Dobrescu T., Dumitru R.,	Gymnasium - Scientific Journal of Education, Sports and Health, ISSN 1453-0201, Vol. XIII nr.1/2012, pp 170-180, Indexări: Index Copernicus, J-Gate, DOAJ, EBSCO, ProQuest
<b>D12</b>	<b>Study regarding the implications of obesity as perceived by a high-school age group of subjects</b>	Dobrescu T., <b>Zaharia A-M.,</b>	Timișoara Physical Education and Rehabilitation Journal, Timișoara, România, ISSN 2065 0574, Vol. 5, Nr. 9, 2012, pp. 51-58, Indexări: EBSCO SPORTSDiscus, J-Gate, Index Copernicus, ProQuest
<b>D13</b>	<b>Sociological study regarding the female adolescents' perception of the effectiveness of aerobic gymnastics</b>	<b>Zaharia A-M,</b> Dobrescu T., Dumitru R.,	Sport and Society. Interdisciplinary Journal of Physical Education and Sports, ISSN 1582-2168, Ed. Univ. „Al. I. Cuza” Iași, Vol. 12, Nr. 2/2012, pp 214 – 222, Indexări: Ebsco, DOAJ, ProQuest, Ulrich's, Index Copernicus,
<b>D14</b>	<b>Study on the frequency of wrist pain cases in junior female gymnasts</b>	Dobrescu T., <b>Zaharia A-M.,</b>	The Ovidius Anals of the University Constanța, Seria EFS, Ed. Ovidius University Press, ISSN 1224-7359, Vol. X, ISSUE 2 supplement, 2010, pp. 474-481, Indexări: Index Copernicus Journal Master List , Doaj, EBSCO/SPORTDiscus
<b>D15</b>	<b>Methodologic preferences regarding the learning of</b>	<b>Zaharia A-M.,</b>	Analele Universității Ovidius Constanța, Seria EFS, vol VIII, Seria VIII, Partea a II-a, Ed.

	some beam elements of a high degree of difficulty in artistic gymnastic		Ovidius University Press, 2008, ISSN 1234-7359, pp.480-485
D16	Study on the place and role of aerobic gymnastics in leisure activities of young woman	Zaharia A-M, Dobrescu T., Dumitru R.,	The Ovidius Anals of the University Constanța, Seria EFS, Ed. Ovidius University Press, ISSN 1224-7359, Issue 2 Supplement, 2009, pp. 502-505, BDI: Index Copernicus
D17	Contributions regarding the use of modern means in trening the cadets and juniors in wrestling	Truță M., Zaharia A.M.	Creativity and competition, european attributes of scientific and sport manifestation ” Ed. „Dunărea de jos” Galați, ISBN 978-973-8937-44-4, 2008, pag. 335-340
<b>E Articole în extenso, publicate în volumele unor conferințe internaționale</b>			
E1	Alternatives for a healthy lifestyle	Dobrescu T., Zaharia A-M.,	Sport Medicine Journal - the journal of Romanian Society for Sports Medicine Association, Craiova, ISSN 1841-0162, Supliment 4, 2011, pp. 645 – 648
E2	Study on the people's perception toward the beneficial effects of fitness	Zaharia A.M., Lupu G.,	Achievements and prospects in the field of physical education and sports within the interdisciplinary European education system, Proceedings, Bacău 2011, ISSN 2069 – 2269 Gymnasium.
E3	The role of the means for developing suppleness in the physical education lesson for the female students that are not professional athletes	Zaharia A-M, Dobrescu	Sport Medicine Journal - the journal of Romanian Society for Sports Medicine Association, Craiova, ISSN 1841-0162 Supliment 4, 2011, pp. 721 – 723
E4	Study on the people's perception toward the beneficial effects of massage	Zaharia A-M, Marza D.,	Achievements and prospects in the field of physical education and sports within the interdisciplinary European education system, Bacău 2010, ISSN 2069 – 2269 Gymnasium
E5	Contributions to the development of gymnastics olimpic spirit	Dobrescu T., Zaharia A-M.	Achievements and prospects in the field of physical education and sports within the interdisciplinary European education system, ISSN 2069 – 2269 Bacău 2010
E6	Study regarding the improvement of learning certain technical floor elements in beginner female gymnasts	Zaharia A-M, Dobrescu	Sport Medicine Journal - the journal of Romanian Society for Sports Medicine Association, Craiova, ISSN 1841-0162, Supplement 2/2009, pp. 385-387.
E7	Study related to the evolutio of the masculin artistic gymnastics in our country	Dobrescu T., Dumitru R., Zaharia A.M.	Gymnasium - Journal of Physical Education and Sport, FȘMSS Bacău, ISSN 1453-0201, Anul IX, Nr.14/ 2008, pp 15-22.
E8	Aspecte privind ponderea durerii la nivelul articulațiilor mâinii la gimnastele junioare	Dobrescu T., Truță M., Zaharia A.M.	Volumul Sesiunii internaționale jubiliare de comunicări științifice „Activitățile motrice dirijate–limite și perspective”, Universitatea Transilvania, FEFS Brașov, ISSN 1844-1319, 2008, pp. 24 – 26
E9	Aspecte privind formarea unui comportament creativ al studenților din cadrul facultăților de profil	Dobrescu T., Truță M., Zaharia A.M.	Volumul Sesiunii internaționale jubiliare de comunicări științifice „Activitățile motrice dirijate–limite și perspective”, Universitatea Transilvania, FEFS Brașov, ISSN 1844-1319, 2008
<b>F Alte lucrări și contribuții științifice sau activități specifice domeniului</b>			
F1	Optimizarea condiției fizice – gimnastică aerobică	Vulpe A.M.	Caiet de lucrări practice (pentru studii universitare de licență), Editura Risoprint, ISBN: 978-973-53-2119-2, Cluj-Napoca, 2017, 123 p

<b>F2</b>	<b>Ghid cu programe de exerciții fizice profilactice</b>	Sava M.A., <b>Vulpe A,M,</b> Voinea L.N. Ciuntea L.M. Pavel S.I. Gorgan C.M. Milon A.G. Antohe A.B.	Ghid cu programe de exerciții fizice profilactice, Editura Risoprint, ISBN:978-973-53-2971-6, Cluj-Napoca, 2022, 133 p
<b>F3</b>	<b>Proiectul ce a marcat Ziua mondială a activităților fizice u titlul ”Alternative pentru promovarea mișcării în rândul elevilor”</b>	<b>Membru</b>	Proiect Nr. 1024/05.04.2016
<b>F4</b>	<b>Proiectul Dezvoltarea de abilități motorii la persoane cu Sindrom Down – etapă esențială spre o viață independentă Contract cu Fundația Special Olympics România</b>	<b>Membru</b>	Nr. SOR0032110/21.10.2015
<b>F5</b>	<b>Proiectul Rose 2021</b>	<b>Membru</b>	nr. 268/SGU/NC/II/25.11.2019
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<b>F7</b>	<b>Infrastructură universitară pentru formare de calitate și viață sănătoasă 2022</b>	<b>Membru</b>	CNFIS-FDI-CNFIS-FDI-2022-0087

Data: 08.09.2023

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