



Voinea Nicolae-Lucian

Lista lucrărilor

A Cele mai relevante lucrări			
A1	Aspecte teoretice privind procesul de pregătire în voleiul de performanță	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN 978-973-53-2577-0, 112 pagini. https://drive.google.com/file/d/1RVJ6Wv_t-58Qd4YW81QkOJvQ6v2fuJSG/view?usp=share_link
A2	Cercetări și orientări metodice în pregătirea voleiului feminin de performanță. Volumul 1	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN GENERAL 978-973-53-2578-7, ISBN 978-973-53-2579-4, 140 pagini https://drive.google.com/file/d/1SL3OOl_bLAsR3kCcHepEDEqSKkZQo7_o/view?usp=share_link
A3	Cercetări și orientări metodice în pregătirea voleiului feminin de performanță. Volumul 2	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN GENERAL 978-973-53-2578-7, ISBN 978-973-53-2580-0, 220 pagini. https://drive.google.com/file/d/10eRKFHYpEYIoMVj9Xhz0ijwbxtAx8ARw/view?usp=share_link
A4	Ghid cu programe de exerciții fizice profilactice	Sava M.A. Vulpe A.M. Voinea N.L. Ciuntea M.L. Pavel S.I. Gorgan C.M. Milon A.G. Antohe B.A.	2022, Editura RISOPRINT, Cluj-Napoca, ISBN 978-973-53-2971-6, 133 pagini. https://drive.google.com/file/d/1JVDG8ERKa5c_MeUbjpL7pqVREbTW8d-g/view?usp=sharing
A5	Training in Hypoxia at Alternating High Altitudes Is a Factor Favoring the Increase in Sports Performance	Ovidiu D. Alexe D.I. Ursu E.V. Alexe C.I. Voinea N.L. Haisan P.L. Panaet A.E. Albina A.M. Monea D.	Healthcare, 2022, Volume 10, Issue 11, Article Number: 2296, eISSN: 2227-9032. WOS: 000910765400001 PubMed ID: 36421619 DOI: https://doi.org/10.3390/healthcare10112296 https://www.mdpi.com/2227-9032/10/11/2296 https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001

A6	A Comprehensive Instrument to Measure Teachers' Attitude towards Quality Management in the Context of Online Education	Tzafilkou K. Măță L. Curpănar G.L. Stoica I.V. Voinea N.L. Șufaru C.	International Journal of Environmental Research and Public Health, 2022, Volume 19, Issue 3, Article Number: 1168, eISSN: 1660-4601. WOS: 000755686000001 PubMed ID: 35162191 DOI: https://doi.org/10.3390/ijerph19031168 https://www.mdpi.com/1660-4601/19/3/1168 https://www.webofscience.com/wos/woscc/full-record/WOS:000755686000001
A7	Service efficiency index analysis for Romanian men's volleyball teams in Division A1, 2019-2020 season	Voinea N.L. Rață G. Puni A.R. Șufaru C. Ciocan V.C.	Book of Proceedings of the 11th International Congress of Education, Health and Human Movement, 2021, Editura Discobolul, ISBN 978-606-798-150-6 DOI: https://doi.org/10.51267/icehbm2021bp13 https://infocongress.unefs.ro/wp-content/uploads/2022/04/Cover-and-Contents.pdf https://infocongress.unefs.ro/wp-content/uploads/2022/04/icehbm2021bp13.pdf
A8	Game action efficiency according to the opponents' level on volleyball game structures	Voinea N.L. Rață G. Puni A.R.	Book of Proceedings of the 10th Edition of International Congress of Physical Education, Sports and Kinetotherapy, 2020, Editura Discobolul, ISBN 978-606-798-108-7 DOI: https://doi.org/10.51267/icpesk2020bp17 https://infocongress.unefs.ro/wp-content/uploads/2021/04/Cover-and-Contents.pdf https://infocongress.unefs.ro/wp-content/uploads/2021/03/ICPEsk2020BP17.pdf
A9	Reciprocal relationship between the game pattern and the training pattern in the performance volleyball	Voinea N.L. Rață G.	DISCOBOLUL – Physical Education, Sport and Kinetotherapy Journal, Volume 58, Issue 4, October-December 2019, p. 74-79, ISSN (online): 2286-3702; ISSN-L: 1454-3907, https://discobolulunefs.ro/media/Discobolul%20No.%2058%20-%20December%202019.pdf
A10	Competitive Volleyball Action Efficiency Depending on the Competition's Location	Voinea N.L. Rață G. Grapă F.	Gymnasium – Scientific Journal of Education, Sports and Health, Vol. XIX, Issue 2, 2018, pp. 109-119, Online ISSN: 2344-5645, Print ISSN: 1453-0201 (Index Copernicus, J-Gate, DOAJ, Ulrich's, EBSCO, SPORTDiscus with Full Text, ProQuest, Scipio, Erih Plus) DOI: http://dx.doi.org/10.29081/gsjesh.20

				18.19.2.10 http://gymnasium.ub.ro/index.php/journal/article/view/528
B Teza de doctorat				
B1	Titlul tezei ” Relația biunivocă dintre modelul de joc și pregătire în voleiul de performanță ” (susținută în data de 16.06.2020 la UNEFS București, coordonator prof.univ.dr. Rață Gloria, confirmată prin Ordinul ministrului educației și cercetării nr. 5748 din 13.10.2020 și Diploma de Doctor Seria J Nr. 0044564 din 17.12.2020) http://www.cnatdcu.ro/wp-content/uploads/2020/11/OM-5748_13_10_2020.pdf			
C Brevete de invenție și alte titluri de proprietate industrială				
C1	-	-	-	-
D Cărți și capitole în cărți				
D1	Aspecte teoretice privind procesul de pregătire în voleiul de performanță	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN 978-973-53-2577-0, 112 pagini. https://drive.google.com/file/d/1RVJ6Wv_t-58Qd4YW81QkOJvQ6v2fuJSG/view?usp=share_link	
D2	Cercetări și orientări metodice în pregătirea voleiului feminin de performanță. Volumul 1	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN GENERAL 978-973-53-2578-7, ISBN 978-973-53-2579-4, 140 pagini https://drive.google.com/file/d/1SL3OOlBLAsR3kCcHepEDEqSKkZQo7_o/view?usp=share_link	
D3	Cercetări și orientări metodice în pregătirea voleiului feminin de performanță. Volumul 2	Voinea N.L.	2020, Editura RISOPRINT, Cluj-Napoca, ISBN GENERAL 978-973-53-2578-7, ISBN 978-973-53-2580-0, 220 pagini. https://drive.google.com/file/d/10eRKFHYpEYIoMVj9Xhz0ijwbxtAx8ARw/view?usp=share_link	
D4	Ghid cu programe de exerciții fizice profilactice	Sava M.A. Vulpe A.M. Voinea N.L. Ciuntea M.L. Pavel S.I. Gorgan C.M. Milon A.G. Antohe B.A.	2022, Editura RISOPRINT, Cluj-Napoca, ISBN 978-973-53-2971-6, 133 pagini. https://drive.google.com/file/d/1JVDG8ERKa5c_MeUbjpL7pqVREbTW8d-g/view?usp=sharing	
E Articole/studii în extenso, publicate în reviste din fluxul științific internațional principal				
E1	Training in Hypoxia at Alternating High Altitudes Is a Factor Favoring the Increase in Sports Performance	Ovidiu D. Alexe D.I. Ursu E.V. Alexe C.I. Voinea N.L. Haisan P.L. Panaet A.E. Albina A.M. Monea D.	Healthcare, 2022, Volume 10, Issue 11, Article Number: 2296, eISSN: 2227-9032. WOS: 000910765400001 PubMed ID: 36421619 DOI: https://doi.org/10.3390/healthcare10112296 https://www.mdpi.com/2227-9032/10/11/2296 https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001	

E2	A Comprehensive Instrument to Measure Teachers' Attitude towards Quality Management in the Context of Online Education	Tzafilkou K. Mățã L. Curpãnaru G.L. Stoica I.V. Voinea N.L. Șufaru C.	International Journal of Environmental Research and Public Health, 2022, Volume 19, Issue 3, Article Number: 1168, eISSN: 1660-4601. WOS: 000755686000001 PubMed ID: 35162191 DOI: https://doi.org/10.3390/ijerph19031168 https://www.mdpi.com/1660-4601/19/3/1168 https://www.webofscience.com/wos/woscc/full-record/WOS:000755686000001
E3	Study Regarding the Education of Speed Through Specific Basketball Means and Methods in High School Pupils	Ciocan V.C. Rajdeep D. Voinea N.L.	Gymnasium – Scientific Journal of Education, Sports and Health, Volume XXII, Issue 2, 2022, p. 86-105, Online ISSN: 2344-5645, Print ISSN: 1453-0201, DOI: http://dx.doi.org/10.29081/gsjesh.2022.23.2.06 https://gymnasium.ub.ro/index.php/journal/article/view/670
E4	Service efficiency index analysis for Romanian men's volleyball teams in Division A1, 2019-2020 season	Voinea N.L. Rață G. Puni A.R. Șufaru C. Ciocan V.C.	Book of Proceedings of the 11th International Congress of Education, Health and Human Movement, 2021, Editura Discobolul, ISBN 978-606-798-150-6 DOI: https://doi.org/10.51267/icehbm2021bp13 https://infocongress.unefs.ro/wp-content/uploads/2022/04/Cover-and-Contents.pdf https://infocongress.unefs.ro/wp-content/uploads/2022/04/icehbm2021bp13.pdf
E5	Game action efficiency according to the opponents' level on volleyball game structures	Voinea N.L. Rață G. Puni A.R.	Book of Proceedings of the 10th Edition of International Congress of Physical Education, Sports and Kinetotherapy, 2020, Editura Discobolul, ISBN 978-606-798-108-7 DOI: https://doi.org/10.51267/icpesk2020bp17 https://infocongress.unefs.ro/wp-content/uploads/2021/04/Cover-and-Contents.pdf https://infocongress.unefs.ro/wp-content/uploads/2021/03/ICPEsk2020BP17.pdf
E6	Analysis of service efficiency indices for the Romanian Division A1 women's volleyball teams in the 2019-2020 season	Voinea N.L. Rață G.	SPORT AND SOCIETY – Interdisciplinary Journal of Physical Education and Sports, Volume 20, Issue 2, 2020, pISSN: 1582-2168; eISSN: 2344-3693 (EBSCO SPORTSDiscus, Academic Journals Database, Crossref, Consiliul Național pentru Cercetare

			Științifică din Romania (2011): B+, ULRICHSWEB, Journal Citations Impact Factor report 1.90) DOI: http://dx.doi.org/10.36836/2020/2/14 https://www.sportsisocietate.ro/articol/512
E7	Evaluation of anthropometric characteristics of junior handball players in correlation with field testing	Muntianu V.A. Voinea N.L.	SPORT AND SOCIETY – Interdisciplinary Journal of Physical Education and Sports, Volume 20, Issue 2, 2020, pISSN: 1582-2168; eISSN: 2344-3693 (EBSCO SPORTSDiscus, Academic Journals Database, Crossref, Consiliul Național pentru Cercetare Științifică din Romania (2011): B+, ULRICHSWEB, Journal Citations Impact Factor report 1.90) DOI: http://dx.doi.org/10.36836/2020/2/12 https://www.sportsisocietate.ro/articol/520
E8	Psychomotor abilities in handball. Overview	Muntianu V.A. Voinea N.L.	SPORT AND SOCIETY – Interdisciplinary Journal of Physical Education and Sports, Volume 20, Issue 2, 2020, pISSN: 1582-2168; eISSN: 2344-3693 (EBSCO SPORTSDiscus, Academic Journals Database, Crossref, Consiliul Național pentru Cercetare Științifică din Romania (2011): B+, ULRICHSWEB, Journal Citations Impact Factor report 1.90) DOI: http://dx.doi.org/10.36836/2020/2/11 https://www.sportsisocietate.ro/articol/521
E9	Participation in organized sports activities and evaluation of self-esteem among children in puberty	Martinaș F.P. Voinea N.L.	SPORT AND SOCIETY – Interdisciplinary Journal of Physical Education and Sports, Volume 20, Issue 2, 2020, pISSN: 1582-2168; eISSN: 2344-3693 (EBSCO SPORTSDiscus, Academic Journals Database, Crossref, Consiliul Național pentru Cercetare Științifică din Romania (2011): B+, ULRICHSWEB, Journal Citations Impact Factor report 1.90) DOI: http://dx.doi.org/10.36836/2020/2/84 https://www.sportsisocietate.ro/articol/524
E10	Reciprocal relationship between the game pattern and the training pattern in the performance volleyball	Voinea N.L. Rață G.	DISCOBOLUL – Physical Education, Sport and Kinetotherapy Journal Year XV Vol. 58 no. 4, October-December 2019, pp.74-79, ISSN (online): 2286–

			3702; ISSN–L: 1454–3907 (ERIH PLUS, EBSCO, The Journals Impact Factor (JIFACTOR), Index Copernicus, Journals Master List, SCIPPIO, Romanian Editorial Platform DOAJ, J-Gate, DAIJ, SIS - Scientific Indexing Service OAJI.net (Open Academic Journals Index) Google Academic) https://discobolulunefs.ro/media/Discobolul%20No.%2058%20-%20December%202019.pdf
E11	The Role of Chess in the Intellectual Development of Childrens from Primary School	Stegariu V. Popușoi S.A. Abălașei B. Voinea N.L. Steleșcu I. Trofin F.P. Honceriu C.	SPORT AND SOCIETY – Interdisciplinary Journal of Physical Education and Sports, Volume 19, Issue 2, December 2019, pp. 58-62, pISSN: 1582-2168; eISSN: 2344-3693 (Index Copernicus, EBSCO SPORTSDiscus, Academic Journals Database, Crossref, Consiliul Național pentru Cercetare Științifică din Romania (2011): B+, ULRICHSWEB, Journal Citations Impact Factor report 1.90) DOI: http://dx.doi.org/10.36836/UAIC/FEFS/10.56 https://sportsisocietate.ro/articol/461
E12	Competitive volleyball action efficiency depending on the opponents' level	Voinea N.L. Rață G.	EDU WORLD 2018 - 8TH INTERNATIONAL CONFERENCE, European Proceedings of Social and Behavioural Sciences, Volume 67, 2019, pp. 982-988, eISSN: 2357-1330, WOS: 000582461100118 DOI: http://dx.doi.org/10.15405/epsbs.2019.08.03.118 https://www.europeanproceedings.com/files/data/article/79/6111/article_79_6111_pdf_100.pdf https://www.webofscience.com/wos/woscc/full-record/WOS:000582461100118
E13	Competitive Volleyball Action Efficiency Depending on the Competition's Location	Voinea N.L. Rață G. Grapă F.	Gymnasium – Scientific Journal of Education, Sports and Health, Vol. XIX, Issue 2, 2018, pp. 109-119, Online ISSN: 2344-5645, Print ISSN: 1453-0201 (Index Copernicus, J-Gate, DOAJ, Ulrich's, EBSCO, SPORTDiscus with Full Text, ProQuest, Scipio, Erih Plus) DOI: http://dx.doi.org/10.29081/gsjesh.2018.19.2.10 http://gymnasium.ub.ro/index.php/journal/article/view/528
E14	A comparative study regarding the efficiency of	Mârza-Dănilă D.N.	Ovidius University Annals, Series Physical Education and Sport / Science,

	game relations in attack at the women's volleyball teams	Voinea N.L.	Movement and Health, Vol. 11, Issue 1, 2011, pp. 11-14, ISSN: 1224-7359 (SPORTDiscus with Full Text, EBSCO, Index Copernicus, DOAJ) http://www.analefeffs.ro/anale-feffs/2011/issue-1/pe-autori/3.pdf
E15	Study on the practice of recreational-athletic physical activities in relation to people's age	Mârza-Dănilă D.N. Voinea N.L. Grigoroaia G.	Gymnasium – Scientific Journal of Education, Sports and Health, Vol. XII, Issue 1, 2011, pp. 82-93, Online ISSN: 2344-5645, Print ISSN: 1453-0201 (DOAJ, Index Copernicus, J-Gate, Ulrich's, EBSCO, ProQuest) http://www.gymnasium.ub.ro/index.php/journal/article/view/246/228 https://www.proquest.com/docview/1160840811/6E4B10DBD59C4863PQ/17?accountid=136808
E16	Contributions to making model for game of handball for the juniors II	Șufaru C. Voinea N.L.	Gymnasium – Scientific Journal of Education, Sports and Health, Vol. XI, Issue 1, 2010, pp. 111-121, Online ISSN: 2344-5645, Print ISSN: 1453-0201 http://www.gymnasium.ub.ro/index.php/journal/article/view/386/579 https://www.proquest.com/docview/1174605130/6E4B10DBD59C4863PQ/4?accountid=136808
E17	Studiu privind conținutul și eficiența apărării în linia a II-a, la o echipă de seniori	Voinea N.L.	Gymnasium – Scientific Journal of Education, Sports and Health, Vol. 8, Issue 11, 2007, pp. 101-114, ISSN: 1453-0201 https://www.proquest.com/docview/1151867546/6E4B10DBD59C4863PQ/6?accountid=136808
F	Publicații în extenso, apărute în lucrări ale principalelor conferințe internaționale de specialitate		
F1	Programming on mesocycles the instructional – educational objectives and action means in C.S.S. Bacau juniors II	Șufaru C. Voinea N.L.	Scientific Report - Series Physical Education and Sport, nr. 13, vol. II, Pitești, 2009, pp. 377-381, ISSN: 1453-1194,
F2	Study regarding the trening general programming in juniors II at the Bacău School Sports Club	Șufaru C. Voinea N.L.	Scientific Report - Series Physical Education and Sport, nr. 13, vol. II, Pitești, 2009, pp. 382-385, ISSN: 1453-1194
F3	Studiu privind conținutul și eficiența atacului din zona 3 la o echipă de seniori	Voinea N.L.	Volumul dedicat Sesiunii Internaționale Jubiliare de Comunicări Științifice „60 de ani de învățământ superior în Brașov” – Activități motrice dirijate – limite și perspective, 8 martie 2008, organizată de Universitatea „Transilvania” din Brașov

			și Centrul de Cercetări pentru Calitatea Vieții și Performanță Umană, Editura Universității „Transilvania” Brașov, pp. 286-290, ISSN 1844-1297.
F4	Studiu asupra forței specifice în jocul de volei la senioare	Voinea N.L.	Volumul dedicat Sesiunii Internaționale Jubiliare de Comunicări Științifice „60 de ani de învățământ superior în Brașov” – Activități motrice dirijate – limite și perspective, 8 martie 2008, organizată de Universitatea „Transilvania” din Brașov și Centrul de Cercetări pentru Calitatea Vieții și Performanță Umană, Editura Universității „Transilvania” Brașov, pp. 291-295, ISSN 1844-1297
G Alte lucrări și contribuții științifice sau, după caz, din domeniul creației artistice			

Voinea Nicolae-Lucian