

PSIHOLOGIE – învățare și competențe

UNIVERSITATEA DIN BACĂU
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CONSTRUIREA ȘI DEZVOLTAREA COMPETENȚELOR ÎN ÎNVĂȚĂMÂNT

Prof. univ. dr. Gh. DUMITRIU

D.P.P.D., Universitatea din Bacău

Abstract: *The present study analyzes few of the controversial approaches and aspects concerning the process of shaping and developing competences within educational process. These controversies are generated by: the terminological diversity and ambiguity, lots of plans for competence analysis, methodological options, putting competence between personal values and / or professional exigencies.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE

Seria: Științe socio-umane

Nr. 9 (2006), pag. 16-31

ASERTIVITATEA – MODALITĂȚI DE CUNOAȘTERE ȘI DEZVOLTARE

Conf. univ. dr. Constanța Dumitriu, Universitatea din Bacău

Asistent univ. drd. Liliana Sacară, Universitatea din Bacău

Abstract: *The study considers the assertivity issue, defined as the ability of a person to easily express his / her convictions and interests without anxiety and without crossing over the others' rights or goals. The major purpose of our research is to diagnose the level of the assertive component developed among students, but also to identify and apply certain efficient techniques for training and developing assertivity as a way of adapting to interpersonal conflict situations.*

The sample consisted of 175 students, aged between 19 – 25; 63,4% females and 36,6% males.

Our methodology included an inventory for testing the assertivity level and a questionnaire concerning the approach style of conflict situations.

We estimate that the results will show:

- *Prevalence of non-assertive, passive and aggressive behaviors;*
- *Presence of a high correlation between behavior type and the approach style for conflict situations;*
- *Possibility of projecting and developing an assertive training.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 32-40

O PERSPECTIVĂ CONSTRUCTIVISTĂ ASUPRA INTELIGENȚEI

Lector dr. Mihai Florin Predescu
Universitatea de Vest Timișoara
Catedra de Științele Educației

Abstract: *Intelligence has always been one of the controversial topics in psychology. If several decades ago, the controversy was around measuring intelligence and its neurological base, recent evolutions of social sciences have extended this controversy to an inter-paradigmatic dispute. This way, the constructivism itself represents a different point of view, with profound implications concerning the intelligence.*

**UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE**

Seria: Științe socio-umane

Nr. 9 (2006), pag. 41-49

ORIENTAREA MOTIVAȚIONALĂ A ELEVILOR DIN DEBUTUL CICLULUI GIMNAZIAL

Asist. univ. drd. Anca Văcărescu,

Universitatea de Vest Timișoara

***Abstract:** In the beginning of secondary school the learning process and the student personality suffers important changes. This moment represent a crossroad in the process of forming the attitudes towards permanent education. The rumanian learning environment is based on competitiveness, and centred on the frontal learning strategies. In this study we wish to outline the effects of the competitive learning upon the students motivational orientation. A total of 126 fifth grade students participated in this study; they were assessed with a motivational questionnaire.*

**UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE**

Seria: Științe socio-umane

Nr. 9 (2006), pag. 50-67

EFECTE ALE COOPERĂRII ȘI COMPETIȚIEI ASUPRA PERFORMANȚELOR ÎN SARCINI DE RAȚIONAMENT VERBAL

Lect. univ. drd. CRISTINA-CORINA ȘTIR

D. P. P. D., Universitatea „Dunărea de Jos” Galați.

***Abstract:** Cooperative activity is one of the most fruitful areas of theory, research and practice in education. Sistematic use of cooperative learning promotes the development of student's personality and interpersonal and small group skills needs to*

work effectively. Cooperation activity can be used with some confidence at every grade level, in every subject area and with any task. In cognitive solving tasks interpersonal cooperation are more productive than interpersonal competition or individual work. So, cognitive performances are better as a result of cooperation. Cooperative activity ensure that all students are actively involved in cognitive process, achieving up their potential, experiencing academic success and motivated to continue to invest effort in their work.

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 68-78

MOTIVAȚIA – PREMISĂ A DEZVOLTĂRII PERSONALE A STUDENȚILOR

Asist. univ. drd. Iulia Cristina Dumitriu
D.P.P.D., Universitatea din Bacău

Abstract: *The study presents the importance that self-knowing, self-identity and motivation have in students' personal development. We truly believe that self-determination plays an amazing role in personal development of the youngsters. Therefore, teachers should interfere and help them find the real self and support them in identifying coherent ways of fulfilling the possible self.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 79-86

TIMPUL DE INSTRUIRE ȘI TIMPUL LIBER LA STUDENȚII ANULUI IV

George Macarie,
Universitatea din Bacău
Ana Voichița Tebeanu
Univ. Politehnică București

Abstract: *Present study intends to reveal a certain distribution of the time spent by students for study and the one needed for other activities, as well as a certain scheduling. This descriptive study follows the self-estimations for approximately 150 students in the 4th year, from the Al.I.Cuza University, Iasi, based on 4 concepts studied on the speciality seminar from the Classroom Management discipline. There have been revealed aspects concerning the potential and functional study capacity, also including the difference measured in available time, a distraction typology and the auxiliary activities priorisation.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 87-105

STAREA DE BINE A PROFESORULUI – INTRE ASPIRAȚIE ȘI REALIZARE

Conf. univ. dr. Constanța Dumitriu
D.P.P.D., Universitatea din Bacău

Abstract: *Intentionally neglected during communism period and occasionally approached after that era, teacher's well-being represent an actual and important matter and it requires a throughgoing study, from a theoretical, methodological and actional point of view. Professional stress constitutes a major problem for highschool and university teachers also, affecting their health, effort resistance, their creative potential, the quality of the teaching and the career in general.*

The paper bases upon the most recent studies in the field, from Europe and United States and it also utilizes the author's professional experience in teachers training domain. It is centered on determining the theoretical and conceptual premises of the topic, on identifying and describing the well-being states physical, spiritual, emotional, intellectual.. All these aim teacher's well-being as understanding, building and saving it. It represents, after all, a condition and guarantee of his or her professional practicing at high levels.

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 106-119

STRUCTURI OPERAȚIONALE ȘI STRATEGII DE ÎNVĂȚARE

Prof. univ. dr. Gh. Dumitriu
D.P.P.D., Universitatea din Bacău

***Abstract:** The educational studies and practices show the difficulties that occur for pupils and students when using certain efficient strategies in learning or solving problematic situations. Usually, the way of approaching learning tasks or cognitive activities represents an individual and differentiated manner. Our research on this topic prove that the cognitive styles depend on learning topics, pedagogical strategies, evaluation methods, motivation, difficulty and complexity of the tasks, conditions of scholar / academic context and psychosocial climate within classes.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 120-130

SPECIFICUL ARTICULĂRII LA COPIII CU DEFICIENȚĂ AUDITIVĂ

Asist. univ. drd. Anca Văcărescu
Universitatea de Vest Timișoara

***Abstract:** The hearing impaired children have a lot of difficulties in many developmental areas: cognitive, social, communicational. The teachers for the deaf*

children must know all the developmental characteristics off their students in order to improve the instructional process. The main obstacle in the process of communicational rehabilitation is represented by the oral language acquisition. This study purpose is the assessment of the articulation difficulties in deaf children language.

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 131-138

METODE ȘI TEHNICI DE INVESTIGAȚIE ÎN CERCETAREA ȘTIINȚIFICĂ. O ABORDARE INTERDISCIPLINARĂ

Asist. univ. dr. Violeta Popa
Universitatea din Bacău

***Abstract:** Nowadays' social scientists, philologists, ethnographers, philosophers, historians, anthropologists and cognitive scientists share their experience and focus on the impact of new forms of communication on interdisciplinary research. This paper has a practical aim and offers a set of various methods and techniques selected from several academic disciplines in order to develop a greater understanding of a problem.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 139-147

ANTRENAMENTUL AUTOGEN

COSTACHE MARIANA
Lect. univ. drd., Universitatea Bacău

***Abstract** The present study presents the Autogenic Trening (AT) and recommends it as a technique with great results in relaxation, coping with stress and other disorders, both phsysical and psychological. We give a short history of the AT and describe its standard and meditative exercices as means for achiving a more comfortable feeling with ourselves and our body. We also present the three main positions for AT along with some indications and counterindication to be followed when using AT.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Stiinte socio-umane
Nr. 9 (2006), pag. 148-158

TRANSFORMATIONAL-GENERATIVE GRAMMAR AND TEACHING ENGLISH

Prep. drd. Ioana Nica
University of Bacău

***Abstract:** The purpose of this paper is to combine some theoretical statements about Transformational-Generative Grammar with the analysis of the teaching process. Taking into consideration such grammatical problems like “the dummy-do” or the modal verbs in the English language, the paper tries to frame some possible ways of not only teaching grammar to students under the form of rules but also a way of approaching grammar in class from a more practical perspective.*

UNIVERSITATEA DIN BACĂU
STUDII ȘI CERCETĂRI ȘTIINȚIFICE
Seria: Științe socio-umane
Nr. 9 (2006), pag. 159-168

AUTO-HIPNOZA

COSTACHE MARIANA

Lect. univ. drd., Universitatea Bacău

***Abstract** This paper wants to realize a general presentatios of Self-Hipnosys, emphasizing its efficiency in coping with stress and the lack of danger in using it. The main features of hypnotic trance are summarized; then its oppional benefits are enumerated. It is argued that hypnosis is similar to a defence mechanism, and that it can be induced by the habitual activities also. Next, the instructions and the rules to be followed in inducing hypnosis are presented and some exercises for hypnosis deepening are described. Last, are given some rules for an efficient hypnotic suggestion.*